## "What Goes Around Comes Around" By Dr. Fakhra Ikhlaq Margalla College of Dentistry

It's a story about three friends named **Juni**, **Muni**, **Buni**. They were medical students. The hospital they worked in was flooded with patients of all sorts. Some came for minor ailments while others for major surgeries. The other hospital staff including the nurses showed great dedication towards work.

One day **Buni** harrased a fellow nurse **Leila** in the name of prank. All her fellow nurses instead of supporting her made fun of her. She was very hurt and disappointed. The rumor soon spread amongst the patients as well making her situation even more worst. **Leila** thought she should help herself as no one else was willing to support her. She went to professor kirmani who was one of Buni's teachers. She informed him about what happened. She demanded that he should take some action about what happened to her. To her utter shock professor kirmani not only asked her to forget what happened but also that it's no big deal, and she should take it as a joke. While on the other hand **Buni** continued to make fun of her and shared the joke with his friends. **Leila** was very upset and shattered after this. Her mind continuously drifted to the incident and she became more restless.

After few days of the incident **Buni** went out for shopping with his friend **Muni**. The market was filled with customers. **Muni** was busy shopping when a stranger boy came and touched her back. She was startled on the sudden physical assault. **Buni** watched the incident in front of his very own eyes with shock. He was mad in rage, he dragged the boy and started beating him. Muni kept on crying the whole time. Buni tried his level best to calm Muni down and to soothe her pain. He stayed with her and supported her. Muni was feeling better after a while due to her friends unwavering support and kindness. Now she felt determined that she should not act weak and she must take some action about it. With that she left for her normal routine.

Buni stayed where he was after buni left. His mind drifted to the incident that happened to Muni. And then a flashback of events started to play in his mind. He then realised what a terrible thing he did to his fellow nurse Leila. He realised that what he did was even more worse because nobody stood up for Leila. And Muni had been lucky that she had friends by her side. He realised that harrasement of women and disrespect is perhaps a common day practice in our society. He remembered how people stare shamefully at women on roads or in markets or at workplaces. Then a happy trail of events passed through his mind where he and Muni shared great moments of friendship. Eating together, group studies and their pleasant conversations.

Buni was tormented for what he did. He thought of making up for his horrible act of indecency towards Leila. He thought perhaps what happened to Muni was a punishment for what he did to Leila. He went to Leila and apologized to her in front of everyone. He admitted his mistake. He said that it was his lack of knowledge and moral ethics to consider such act of indecency as joke. He promised that in future he will stand up against women harassment. In the meanwhile his class fellow tried to repeat the same incident that happened to Leila but Buni stopped him in his pursuits. He informed the targeted nurse about his fellows intention. The nurse thanked him and decided to register a complaint against the culprit. The staff decided that they will never again tolerate such acts and will stand up for each other.

It is my common day observation that many girls who work in professional institutes or are students or working in any other environment are being abused and harassed on some level or other. Let it be vocal harassment or physical. Even a girl walking on road is considered as public property and object of ridicule. We should stand up to such malicious practices. We should make our society worth living for all. We should respect every women like our own mothers and sisters, only then we can achieve the much touted glory and change. Such acts of inhumanity leave ugly scars on the minds of women being involved in such incidents. It also shatters the morals of females who step out to support their families' financial crises. It leaves the educated female population mentally tormented and unable to utilize their acquired education for the betterment of society. Mothers should pay emphasis on character building of their children as they will be the ones who carry the norms of society in near future. Men should be educated about such malpractices and their outcome on their lives and on victims life .As a common proverb says "WHAT GOES AROUND COMES AROUND". It is a tried and tested phenomenon so we should keep in mind that what we opt to do might come in front of our family or the same might happen to them.

" SAY NO TO SEXUAL HARRASMENT ... "