Statutes and Regulations for Transitional Doctor of Physical Therapy Program University of Health Sciences, Lahore

Transitional Doctor of Physical Therapy (T-DPT)

General Information:

Physical therapist practice is concerned with identifying and maximizing quality of life and functional movement potential, within the spheres of promotion, prevention, maintenance, intervention/treatment, habilitation and rehabilitation. This encompasses physical, psychological, emotional, and social well-being. Physical therapist practice involves the interaction between physical therapist, patients or clients, families, care givers, other health care providers, and communities, in a process of assessing movement potential and in establishing agreed upon goals and objectives using knowledge and skills unique to physical therapists.

The transitional Doctor of Physical Therapy program is designed for practicing physical therapists already holding a Bachelors or Masters degree in Physical Therapy who wish to enhance their basic skills and professional status. Given the increasingly complex health care environment and the growing body of knowledge in the physical therapy profession, entry-level education in physical therapy has rapidly shifted towards the doctorate degree. Transitional Doctor of Physical Therapy Program (T-DPT) designed for working physical therapists who want to enhance their basic knowledge and skills. This doctorate program focuses on clinical reasoning, differential diagnosis, evidence-based practice, radiology, prevention/wellness, management/consultation and patient/client management related to optimizing movement, function, and health.

This program is an up gradation of graduation in Physiotherapy by improving the basic skills and enhanced their personal growth and career opportunities leading to post professional degree. The program is used to provide frequent, high-quality peer/faculty interaction. All course information is present in the catalog, a centralized interaction portal for students, instructors, facilitators, and program coordinator. This includes all assignments, presentations and discussion board. It also contains bulletin boards (forums), and direct e-mail to the faculty and staff. The curriculum includes integrated practice experiences to supplement and enhance practical knowledge.

In future Physical therapy will be provided by physical therapists who are doctors of physical therapy and who may be board-certified specialists. Consumers will have direct access to physical therapists in all environments for patient/client management, prevention, and wellness services. Physical therapists will be practitioners of choice in patients'/clients' health networks and will hold all privileges of autonomous practice. Physical therapists may be assisted by physical therapist assistants who are educated and licensed to provide physical therapist directed and supervised components of interventions (APTA, Vision 2020).

Guided by integrity, life-long learning, and a commitment to comprehensive and accessible health programs for all people, physical therapists will render evidence-based services throughout the continuum of care and improve quality of life for society. They will provide culturally sensitive care distinguished by trust, respect, and an appreciation for individual differences.

While fully availing themselves of new technologies, as well as basic and clinical research, physical therapists will continue to provide direct patient/client care. They will maintain active responsibility for the growth of the physical therapy profession and the health of the people it serves.

Objectives:

Through completion of this programme, students will:

- Be able to enhance the personal and professional growth of entry level Physical therapists.
- Be prepared, by academic knowledge to practice in an emerging arena of autonomous practice by thinking logically, critically, creatively, and independently.
- Be able to apply depth of knowledge and competence in selected areas of theory and clinical techniques as indicated by information from evidence-based practice.
- Develop effective communication skills in presenting the clinical patient cases or selected topics in health care.

Program of Study:

The duration of entry Transitional Doctor of Physical Therapy would be two years and will include class room lectures, off campus Web based Portal Assignments, Presentations, clinical demonstrations, and research. Each year would be followed by a professional examination which will be conducted by University of Health Sciences. Every student must submit the research thesis within prescribed time to complete the degree. This program integrates theory, evidence and practice along a continuum of learning.

Statutes and Regulations for Transitional Doctor of Physical Therapy Program

General Regulations:

- The degree of Transitional Doctor of Physical Therapy shall be conferred on a person who holds approved Bachelors in Physical Therapy education, intermediate education – higher secondary school certificate from an approved board and passed his TDPT course work and dissertation examination from University of Health Sciences.
- 2. The outline of examination with marks distribution are given in Annexure "A" and syllabi and course of each subject are given in appendix.
- 3. Course outline and syllabi may be modified from time to time by the Academic council with the approval of syndicate. Statutes & Regulations may also be amended from time to time after fulfilling the codal formalities including approval of the Board of Governors in case of Regulations.
- 4. The academic requirements of Transitional Doctor of Physical Therapy program shall comprise of class room lectures, off Campus Web Portal Based assignments, presentations, clinical demonstrations, and research project.
- 5. The duration of course shall be of two (2) years.
- 6. The medium of instruction and examination will be in English.
- 7. Each student shall follow the syllabi and course of studies as may be prescribed by the Academic council from time to time by approval of the syndicate.
- 8. Every student shall be required to pay registration fee, examination fee and such other dues as determined by University from time to time.

Regulations for Admissions:

- 1. The admission process shall be initiated after informing University of Health Sciences and will be regulated according to UHS prescribed entry requirements.
- 2. The admission in Transitional Doctor of Physical Therapy program will be carried out according to prescribed manner and fulfilling the eligibility requirements.
- 3. There shall be an Institutional Admission Committee to supervise the admission process.
- 4. The criteria for admission in the program would be:

Applicants accepted for admission must demonstrate the following prior to enrollment:

- 1. Bachelor's/Master's degree in Physical Therapy from a HEC recognized University
- 2. Minimum score of 50% is required in graduation/masters.
- 3. Candidate should be working full time at some hospital/clinical setup.

4. Official transcripts from all institutions attended

- 5. The numbers of students to be admitted will be in line with the seat allocation approved by UHS. However, the seat allocation would be subject to revision by UHS in accordance with the infrastructure and facilities available at the affiliated institution.
- 6. The students dropped from their studies due to shortage of lectures, poor performance, nonpayment of dues or misconduct shall not be re-admitted.
- Anyone who has been expelled or rusticated by any University for misconduct or use of unfair means in the examination or any offence involving moral turpitude shall not be admitted into Transitional Doctor of Physical Therapy program.
- 8. All admissions made in contravention of these regulations shall be void.

Regulations for Examinations:

- The students of Transitional Doctor of Physical Therapy shall be assessed monthly for their performance in studies, punctuality and discipline. Monthly performance reports must be kept in department and to be used for internal assessment.
- 2. Mark distribution and outline of tests are given at Annexure "A".
- Examinations for TDPT shall consist of two parts, titled First Professional and Second Professional. Respective Professional Examination shall be held at the end of 1st year and 2nd year.
- **4.** Respective Professional Examination shall be held twice a year at dates fixed by the Vice Chancellor on the recommendations of the Controller of Examinations.
- 5. The minimum number of marks required to pass Professional Examination for each subject shall be fifty percent (50%). Candidates who secure ninety five percent (95%) or above marks in any subject shall be declared to have passed "with distinction" in that subject and no candidate who does not pass in all the subjects of a Professional Examination as a whole at one and the same time shall be declared to have passed "with distinction" in any subject.
- 6. The continuous internal assessment shall contribute 10% to the total allocated marks for each subject.
- 7. A candidate who passes in one or more subject but fails in the annual examination shall, if he/she so desires, provisionally be allowed to join the next higher class till the commencement of supplementary examinations. The candidate, however, shall have to pass the failed subjects in this supplementary examination failing which the candidate shall be detained in the class in which he/she had failed. Under no circumstances a candidate shall be promoted to next higher class till he/she has

cleared all subjects in the Professional Examination of preceding class. The regulation shall be applicable to all categories of candidates, whether fresh or failed.

- 8. A candidate who fails to pass First Professional Examination in four consecutive chances, availed or unavailed, after becoming eligible for First Professional Examination, shall cease to become eligible for further education in Physical Therapy at the University or its affiliated colleges.
- 9. The Professional Examination shall be open to any student who:
 - a. has completed prescribed education of that year in the discipline after admission or has passed in the previous Professional Examination as the case may be.
 - b. has his/her name submitted to the Controller of the Examinations by the Principal / Head of the Department in which he/she is enrolled.
 - c. has his/her marks of internal assessment in each of the subjects of the respective Professional Examination sent to the University with submission of his/her name to the Controller of Examinations.
 - d. produces the following certificates duly verified by the Principal/Head of his/her Department:-
 - (i) of good character;
 - (ii) of having attended not less than seventy five percent (75%) of the full course of lectures delivered in each of the subjects of the Professional Examination.
- 10. Every candidate shall forward to the Controller of Examinations his/her application for admission to the examination at least four weeks before the commencement of the examination accompanied by the prescribed fee. Awards of internal assessment in all the subjects of all the candidates shall be submitted to the Controller of Examinations along with Admission Forms for the annual examination. Internal assessment received after commencement of the examination shall not be accepted. The marks of internal assessment shall be submitted only once a year prior to annual examination and the same shall be counted for both annual and supplementary examinations. It is further emphasized that fresh internal assessment or a revision of assessment for supplementary examination shall not be permissible. However it is required from the Head to submit a revised internal assessment for the detained students. The internal assessment award in a particular year will not be decreased subsequently detrimental to the candidate. Proper record of the continuous internal assessment shall be maintained by respective departments.
- **11.** Whenever the application or the fee of the candidate is received after the last date prescribed above, the candidate shall pay the prescribed double the ordinary admission fee, provided that such application shall only be entertained if it is received not less than 14 days before the commencement of the examination.

12. A student securing first position in University Examinations shall be awarded a "Certificate of Merit" provided that he/she obtains a total of at least 75% marks and has passed all the professional examinations in first attempt.

Regulations for appointment of Examiners in Theory:

- 1. Board of studies of Allied Health Sciences shall recommend a panel of examiners/paper setters in each of the subjects in a professional examination.
- 2. The Vice Chancellor shall, on recommendations of the Controller of Examinations, appoint the examiners/paper setters for a particular examination out of the panel recommended by the board of studies (Allied Health Sciences).
- 3. The external examiner shall be a Post Graduate Physical Therapist (for subjects related to Physical Therapy education) or a Subject specialist (for subjects other than Physical Therapy education) preferably from the institutions affiliated with UHS or any other HEC recognized institution.
- 4. No person shall be appointed as an examiner who has near relation i.e., father, mother, full and half brother and sister, paternal and maternal uncle, father in law, mother in law, sister in law, son in law, daughter in law, wife, son, daughter or husband appearing in the paper to be set or examined by him/her.
- 5. The controller of examinations shall compile and declare the result on the basis of evaluation record in theory examinations submitted by examiners strictly in accordance with the regulations.
- 6. Examinations shall be conducted in University of Health Sciences which will be notified by the Controller of examiner.

Research Work and Appointment of Supervisor:

- Every student in his second year of studies shall prepare a 'Thesis' on a research title proposed in consultation with a faculty appointed as his/her supervisor by the Head of the Department. Topic of research Thesis shall be approved by Institutional Research Committee appointed by the Head of the Institution.
- 2. The research supervisor must hold a postgraduate/post-professional degree which shall not be less than T-DPT / M.Phil / M.Sc. in Physical Therapy and have at least one published research paper in any reputable national or international journal. Whenever necessary, a co supervisor shall be appointed with similar qualifications prescribed for the supervisor.

- 3. Student shall perform research work in partial fulfillment of the requirements for the award of the TDPT degree.
- Four copies of Thesis shall be submitted to the Controller of examinations of University before the commencement of professional examination of the final year Transitional Doctor of Physical Therapy.
- 5. The Thesis shall be printed in A4 size paper and black covered hard binding with gold lettering on the front in the prescribed manner.

Regulations for Thesis Examination:

- 1. The Vice Chancellor shall appoint one external examiner for thesis examination out of the panel approved by the Board of Studies in Allied Health Sciences.
- 2. Thesis shall be sent for evaluation to external examiner well in time before the date of research viva-voce examination.
- 3. On approval of the external examiner, the Controller of Examination will announce the date of defense of Thesis.
- 4. Thesis viva-voce examination shall be conducted by the external examiner, who shall submit a report on suitability of the candidate for the award of the degree. The supervisor will act as coordinator.

Student Discipline:

- 1. The Department shall keep a record of student's progress on monthly basis which will contain academic performance, attendance record and behavior. The record shall form the basis for internal assessment of the student.
- 2. All the students shall abide by the Rules, Regulations and Statutes of University and follow directions issued by the university from time to time.
- 3. No student shall, through document or by any communication, approach in the press in his own name or through an association. No student shall take part in political activities or form union or associations etc.
- 4. Every student shall be provided with the details of rules and regulations to be observed during the period of study by the affiliated institute.