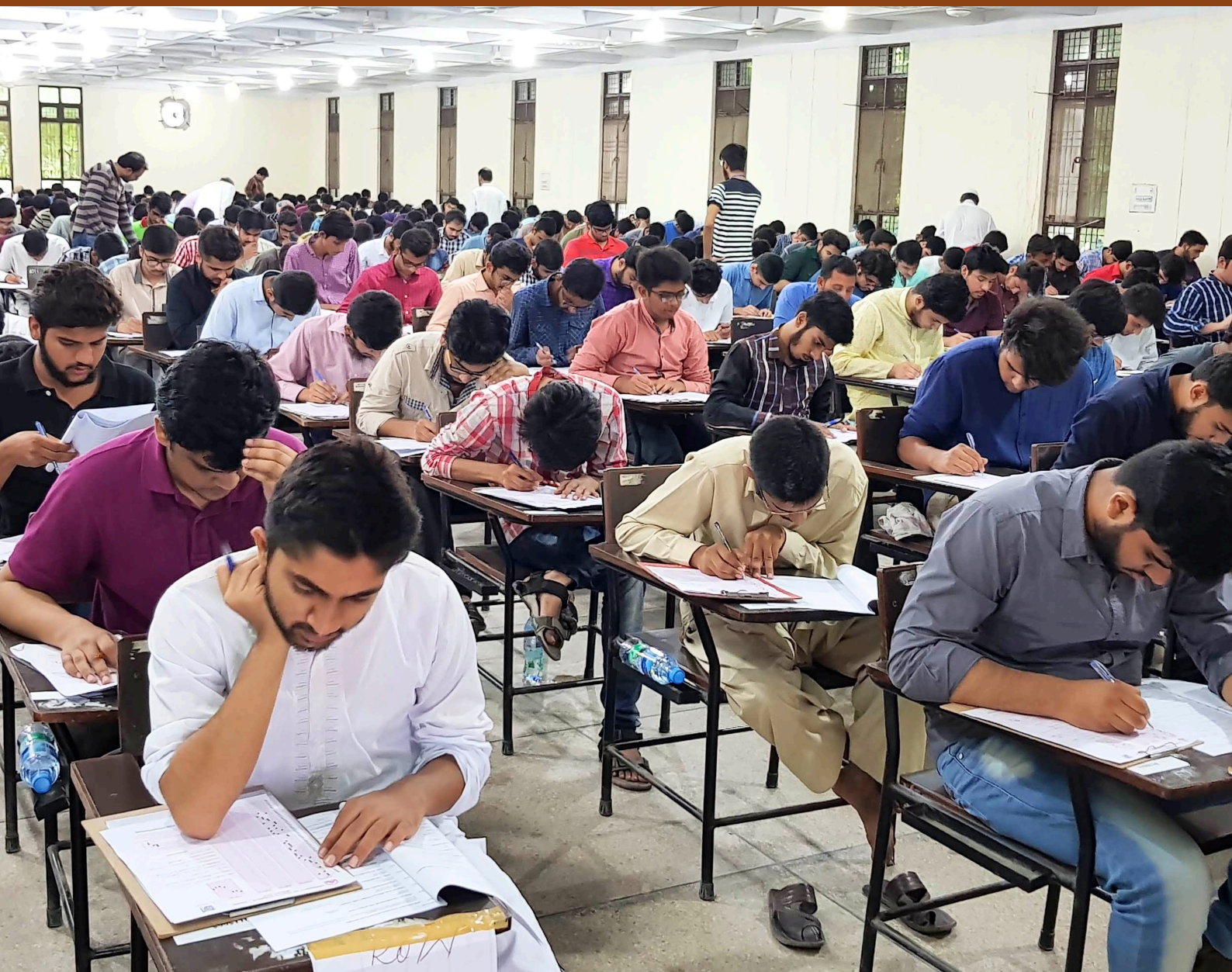
University of Health Sciences Lahore

MDCAT-2026 Essentials

The Official Guide for Medical & Dental College Admission Test in Punjab



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Edited & Designed By:

Muhammad Atif
Director Media & Publications

Words from the **Vice Chancellor**

It is a privilege to present the **MDCAT 2026 Essentials**, prepared by the University of Health Sciences (UHS), Lahore, for candidates aspiring to enter the medical and dental professions. For thousands of young students and their families, MDCAT represents an important stage in a journey built on years of study, commitment and hope. We want every candidate to approach this examination knowing exactly what is expected and feeling prepared for the process ahead.

This year, the Guide has been redesigned to make instructions simpler, clearer and more visual. Step-by-step explanations, illustrations and practical examples have been added to help candidates understand important procedures. Artificial Intelligence (AI) tools have also been used, where appropriate, to assist in creating explanatory visuals and presenting information in a more accessible and candidate-friendly manner.

I urge every candidate to read this Guide carefully before examination day. Know what documents and items you must bring, reach your designated centre within the prescribed time, understand how to complete the Response Form correctly, and strictly observe all examination rules. Prohibited electronic devices, impersonation, unfair means or any attempt to interfere with examination material may result in disqualification and action under the applicable rules.

Candidates should be particularly careful about misinformation. During the admission season, unverified claims, rumours and misleading messages can circulate rapidly, especially through social media and informal groups. Please rely only on officially notified UHS channels and other authorised sources for information relating to MDCAT. No individual or intermediary can lawfully guarantee marks, influence results, secure admission or provide preferential treatment.

MDCAT is designed to assess academic preparation, but the qualities required of a future healthcare professional extend much further. Medicine and dentistry demand integrity, discipline, empathy, resilience and a lifelong commitment to learning. The manner in which you approach this examination should reflect those same values. Compete with knowledge, succeed on merit, and respect the rights of every other candidate to a fair examination.

UHS remains committed to conducting MDCAT with fairness, transparency, consistency and merit. We have tried through this Guide to make the examination process easier to understand so that candidates can concentrate on what matters most: demonstrating their knowledge and ability.

As you prepare for MDCAT 2026, trust your preparation, read every question carefully, manage your time wisely and remain composed. An examination is an important opportunity, but it is also one step in a much longer professional journey. Whatever challenges you encounter, carry forward the discipline, perseverance and sense of purpose that brought you this far.

I wish every candidate a fair opportunity, a confident examination experience and success worthy of their hard work and aspirations.

Prof. Dr. Nadia Naseem
Vice Chancellor
University of Health Sciences
Lahore

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General Policy

01 The **MDCAT 2026** shall be conducted by the University of Health Sciences (UHS), Lahore, being the **"Admitting University"** duly notified by the Government of the Punjab, in accordance with the provisions of the Pakistan Medical and Dental Council (PM&DC) Act, 2022.

02 This document constitutes the Official Medical and Dental College Admission Test (MDCAT) 2026 Guide. It contains the official provisions, procedures, rules, and regulations governing the conduct of the MDCAT. All candidates shall be bound to comply with these provisions in letter and spirit.

03 The University of Health Sciences (UHS), Lahore does not recognize, approve, or endorse any commercially available preparatory courses, publications, or material purporting to assist candidates in preparation for the **MDCAT**.

04 Appearance in and qualification of the **MDCAT** shall not, by itself, confer any vested right upon a candidate for admission to any MBBS or BDS programme. Admission to a medical or dental institution shall remain subject to fulfillment of all eligibility criteria and conditions prescribed by the Pakistan Medical and Dental Council (PM&DC), the Admitting University, and the Government of the Punjab.

05 The information contained in this Guide is subject to amendment, revision, or substitution pursuant to decisions made by the **PM&DC** or the Government of the Punjab from time to time. Any such changes shall be binding upon all candidates without prior notice.

06 The **PM&DC** and the Admitting University reserve the right to withdraw or cancel, at any stage before the conduct of the test, any permission granted to a candidate who is subsequently found to be ineligible for appearance in the **MDCAT**, whether such permission was granted erroneously or otherwise.

07 The University shall retain the **MDCAT 2026** examination record for a period of twelve (12) months from the date of declaration of the official result. Upon expiry of the prescribed retention period, the examination record may be weeded out, destroyed or otherwise disposed of in accordance with the applicable record retention and weeding-out policy of the University. No claim for preservation of any examination record beyond the prescribed retention period shall be entertained, except where its retention is required under any applicable law or by an order of a court or other competent authority.

Candidates are advised to regularly visit the official websites of the PM&DC (**www.pmdc.pk**) and the UHS (**www.uhs.edu.pk**) for updates, notifications, or clarifications relating to **MDCAT 2026**.

What is MDCAT?

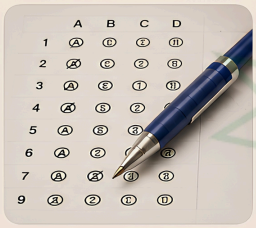
Medical and Dental College Admission Test (MDCAT) is a standardized entrance examination mandatory for admission to MBBS and BDS programmes in all public and private sector medical and dental colleges across Pakistan, in accordance with Section 17(2) of the PM&DC Act, 2022.

In the Province of Punjab, the MDCAT-2026 shall be organized, administered, and assessed by the **University of Health Sciences (UHS), Lahore**, in its capacity as the Admitting University. The structure, content, and distribution of marks for the examination shall strictly conform to the MDCAT curriculum and examination framework notified by the Pakistan Medical and Dental Council (PM&DC).

UHS shall also be responsible for all operational and logistical arrangements related to the conduct of the examination, including the establishment, management, and supervision of examination centres across Punjab to facilitate candidates.

Structure & Weightage

01 TOTAL MCQs

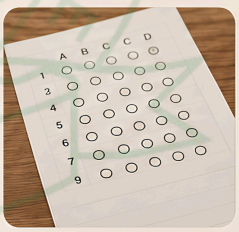


180 MCQs

02 DURATION

3 Hours
From 10:00 AM to 01:00 PM

03 FORMAT



Paper-based MCQs

04 PASS MARKS – MEDICAL

55%
Minimum pass marks for Medical College Admission

05 PASS MARKS – DENTAL

50%
Minimum pass marks for Dental College Admission

06 NEGATIVE MARKING

No
negative marking

WEIGHTAGE BREAKDOWN

SUBJECT	BIOLOGY	CHEMISTRY	PHYSICS	ENGLISH	LOGICAL REASONING	TOTAL
PERCENTAGE (%)	45%	25%	20%	5%	5%	100%
NO. OF MCQs	81	45	36	09	09	180

Is it Mandatory?

A candidate **must qualify** the Medical and Dental College Admission Test (MDCAT) to be eligible to apply for admission to any public or private sector medical or dental college in Pakistan.

Furthermore, every candidate shall appear in the MDCAT conducted by the admitting university of the province or region in which the candidate holds **domicile**. For instance, a candidate holding domicile of any district of Punjab is required to appear in the MDCAT conducted by the University of Health Sciences (UHS), Lahore.

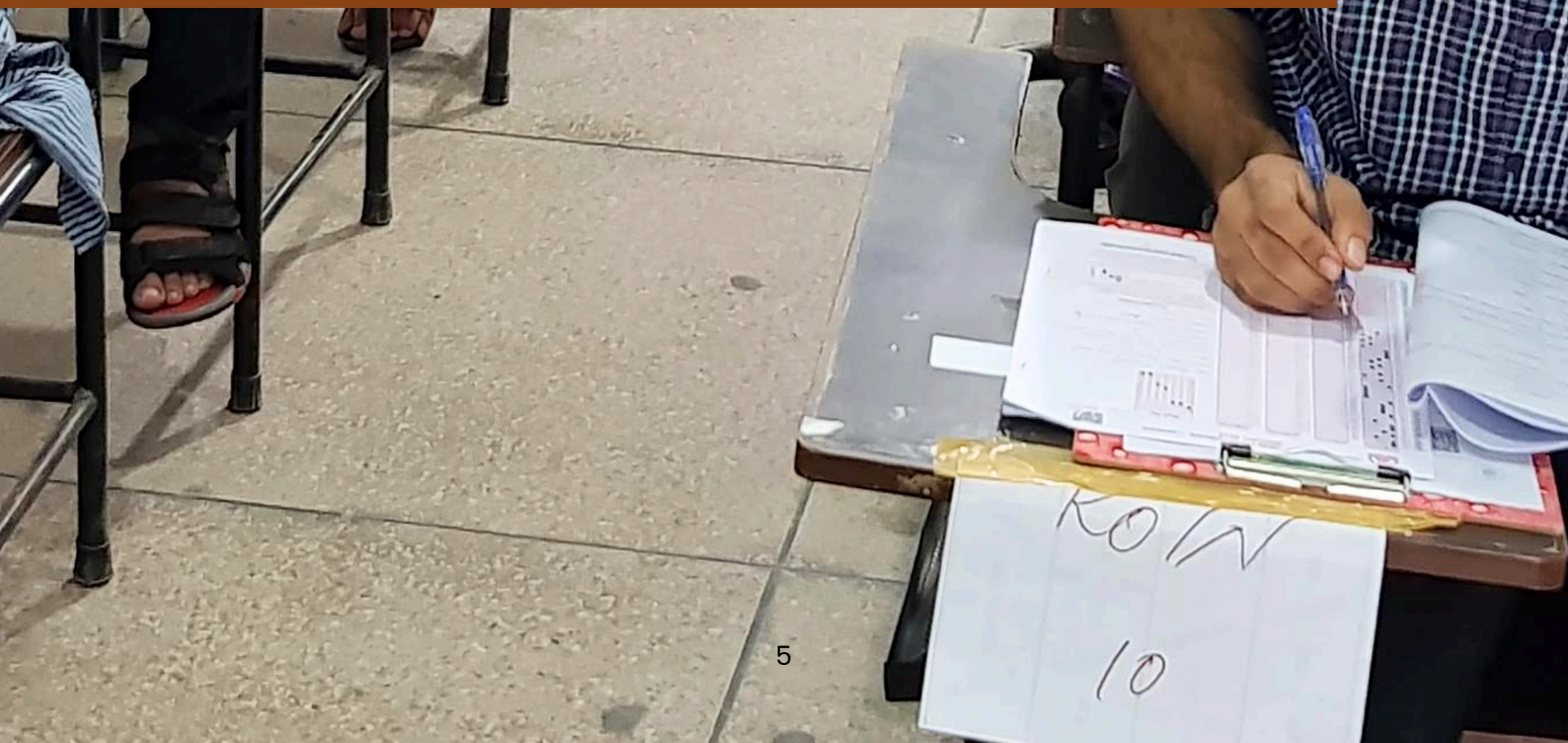
The MDCAT score shall carry **50% weightage** in the calculation of the candidate's overall merit aggregate for admission to MBBS and BDS programmes. In accordance with Section 17(4) of the Pakistan Medical and Dental Council Act, 2022, the MDCAT score shall remain valid for a period of **three (03) years** from the date of conduct of the Test.

Test Centres

Each candidate has already selected their preferred city for appearing in MDCAT at the time of online registration through the PM&DC Portal. The University shall allot an examination centre within the city selected by the candidate, as recorded in the candidate's online registration form on the PM&DC Portal.

Test Date is
20 September 2026

The test shall commence precisely at 10:00 a.m. and conclude at 1:00 p.m.



Entry to Examination Centres

All Examination Centres shall be opened for entry of candidates at

7:30 a.m.

The entry gates of all centres shall be closed and sealed at

9:00 a.m. SHARP

AFTER 9:00 a.m. SHARP, NO CANDIDATE SHALL BE PERMITTED TO ENTER THE PREMISES UNDER ANY CIRCUMSTANCES.

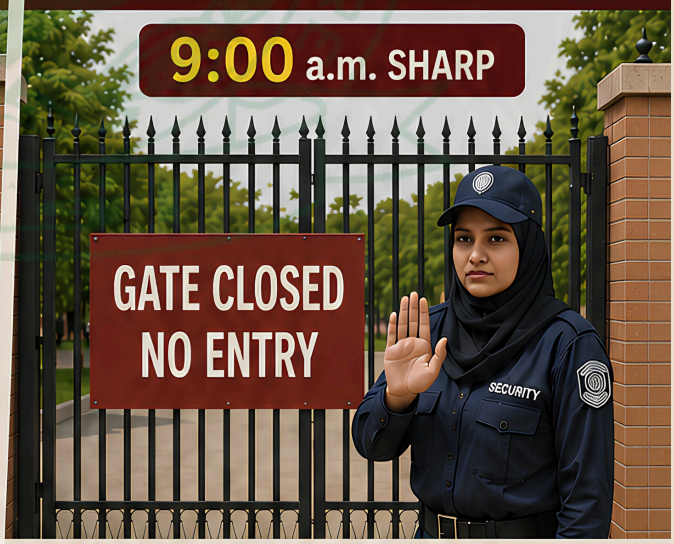
ENTRY STARTS

7:30 a.m.

Candidates reaching the centre at or before 9:00 a.m. will be allowed to enter.

GATES CLOSE

9:00 a.m. SHARP



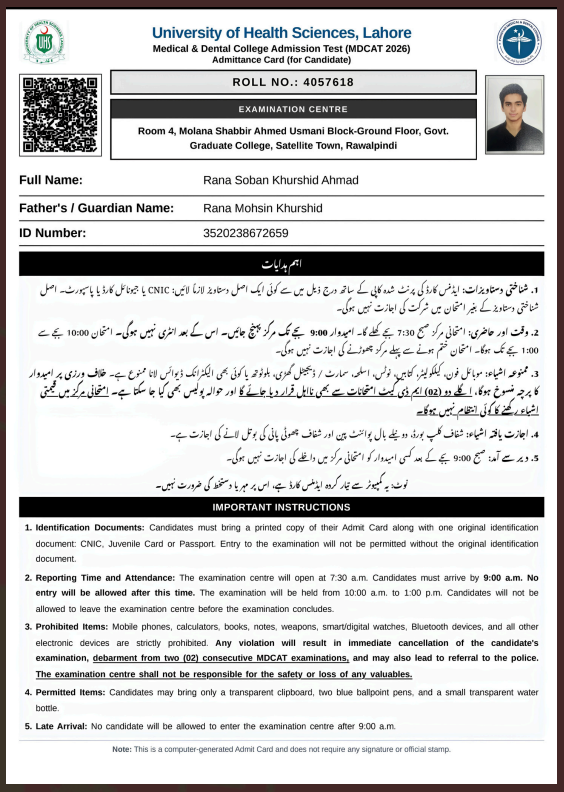
No candidate will be allowed entry after 9:00 a.m. SHARP under any circumstances.

Candidates are advised to reach their centres well before 9:00 a.m. to avoid any inconvenience.

Your cooperation is essential for a smooth and fair examination process.

How to get your **Admittance Card**

- Every candidate shall print and bring a copy of the Admittance Card, which bears the candidate's roll number and allotted examination centre.
- Candidates registered for the Punjab MDCAT through the PM&DC Portal may search for and download their Admittance Card from **https://mdcat.uhs.edu.pk** with effect from **Thursday, 10 September 2026**.
- To access the Admittance Card, candidates shall **enter the complete CNIC/Passport/B-Form number** used at the time of registration on the PM&DC Portal. After retrieving the record, the Admittance Card may be downloaded by clicking the "Download" button.
- The Admittance Card should be printed on white, plain, A4-sized paper. Take a colour print, if possible.
- The particulars appearing on the Admittance Card shall correspond to the information provided by the candidate during registration on the PM&DC Portal.



University of Health Sciences, Lahore
Medical & Dental College Admission Test (MDCAT 2026)
Admittance Card (for Candidate)

ROLL NO.: 4057618

EXAMINATION CENTRE

Room 4, Molana Shabbir Ahmed Usmani Block-Ground Floor, Govt. Graduate College, Satellite Town, Rawalpindi

Full Name:	Rana Soban Khurshid Ahmad
Father's / Guardian Name:	Rana Mohsin Khurshid
ID Number:	3520238672659

اہم ہدایات

۱. شناختی دستاویزات: ایڈمٹ کارڈ کی پرنٹ شدہ کاپی کے ساتھ درج ذیل میں سے کوئی ایک اصل دستاویز لازماً لائیں: CNIC یا جیونائل کارڈ یا پاسپورٹ۔ اصل شناختی دستاویز کے بغیر امتحان میں شرکت کی اجازت نہیں ہوگی۔

۲. وقت اور حاضری: امتحانی مرکز صبح 7:30 بجے کھلے گا۔ امیدوار 9:00 بجے تک مرکز پہنچ جائیں۔ اس کے بعد انٹری نہیں ہوگی۔ امتحان 10:00 بجے سے 1:00 بجے تک ہوگا۔ امتحان ختم ہونے سے پہلے مرکز چھوڑنے کی اجازت نہیں ہوگی۔

۳. ممنوعہ اشیاء: موبائل فون، کیلکولیٹر، کتابیں، نوٹس، اسلحہ، سمارٹ / ڈیجیٹل گھڑی، بلوٹوتھ یا کوئی بھی الیکٹرانک ڈیوائس لانا ممنوع ہے۔ خلاف ورزی پر امیدوار کا پرچہ منسوخ ہوگا، اگلے دو (02) ایم ڈی کیٹ امتحانات سے بھی نااہل قرار دیا جائے گا اور حوالہ پولیس بھی کیا جا سکتا ہے۔ امتحانی مرکز میں قیمتی اشیاء رکھنے کا کوئی انتظام نہیں ہوگا۔

۴. اجازت یافتہ اشیاء: شفاف کلپ بورڈ، دو نیلے بال پوائنٹ پین اور شفاف ڈھکنی پانی کی بوتل لانے کی اجازت ہے۔

۵. دیر سے آمد: صبح 9:00 بجے کے بعد کسی امیدوار کو امتحانی مرکز میں داخلے کی اجازت نہیں ہوگی۔

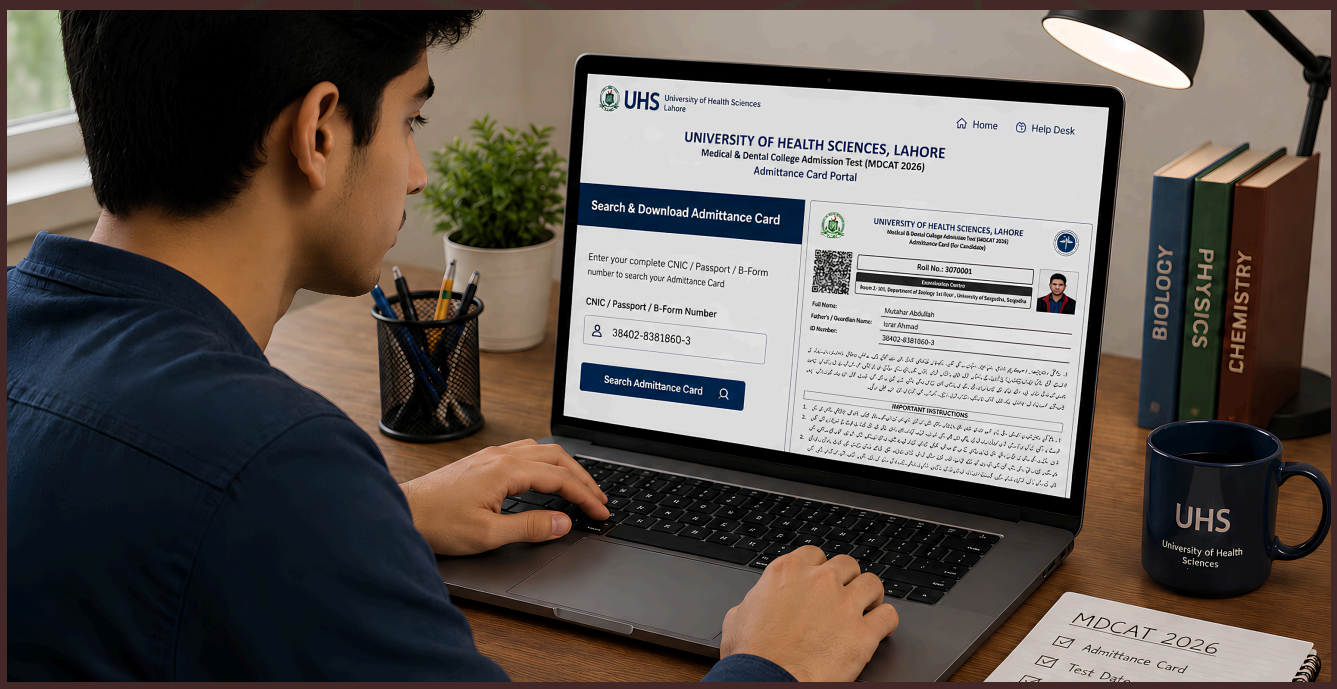
نوٹ: یہ کمپیوٹر سے تیار کردہ ایڈمٹ کارڈ ہے، اس پر مہر یا دستخط کی ضرورت نہیں ہے۔

IMPORTANT INSTRUCTIONS

1. **Identification Documents:** Candidates must bring a printed copy of their Admit Card along with one original identification document: CNIC, Juvenile Card or Passport. Entry to the examination will not be permitted without the original identification document.
2. **Reporting Time and Attendance:** The examination centre will open at 7:30 a.m. Candidates must arrive by **9:00 a.m. No entry will be allowed after this time.** The examination will be held from 10:00 a.m. to 1:00 p.m. Candidates will not be allowed to leave the examination centre before the examination concludes.
3. **Prohibited Items:** Mobile phones, calculators, books, notes, weapons, smart/digital watches, Bluetooth devices, and all other electronic devices are strictly prohibited. **Any violation will result in immediate cancellation of the candidate's examination, debarment from two (02) consecutive MDCAT examinations, and may also lead to referral to the police. The examination centre shall not be responsible for the safety or loss of any valuables.**
4. **Permitted Items:** Candidates may bring only a transparent clipboard, two blue ballpoint pens, and a small transparent water bottle.
5. **Late Arrival:** No candidate will be allowed to enter the examination centre after 9:00 a.m.

Note: This is a computer-generated Admit Card and does not require any signature or official stamp.

If a candidate is unable to retrieve the Admittance Card, or identifies any discrepancy in their name, father's/guardian's name, gender, CNIC/Passport number or photograph, the candidate shall immediately lodge a complaint, supported by relevant documentary evidence, through https://mdcat.uhs.edu.pk. The deadline for submission of such complaints is **13 August 2026**.



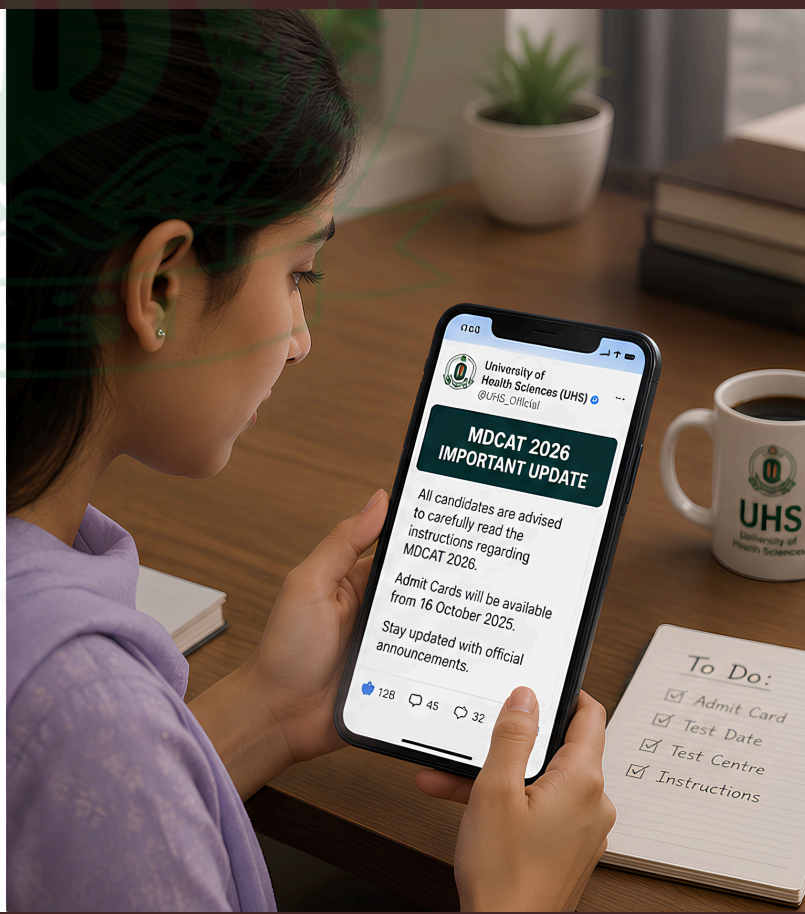
MDCAT 2026
Compliance with Instructions

Non-compliance has consequences

Failure to follow instructions may result in refusal of entry, cancellation of candidature, or any other action deemed appropriate by the University.

Stay informed, stay prepared

Keep yourself informed through the University's official website and other officially notified media.It is your responsibility to stay updated.



Advisory to **Parents**

- Parents and guardians are advised to visit the designated examination centre at least **one day before** the examination to familiarize themselves with its location, access routes, and estimated travel time. Candidates who arrive after 9:00 a.m. on the day of the examination shall not be permitted to enter the examination centre, and no request for relaxation of this requirement shall be entertained on any ground whatsoever.

- In accordance with the restrictions imposed under **Section 144** of the Code of Criminal Procedure, 1898, no public gathering shall be permitted within or in the vicinity of any examination centre. Parents and guardians shall ensure that candidates are dropped off within the prescribed reporting time. Thereafter, they may either return to their homes and come back at 1:00 p.m. to collect the candidates after the conclusion of the examination, or park their vehicles only in the designated parking areas and stay in the waiting area established near the examination centre. Parents and guardians shall not congregate or remain in any unauthorized area in or around the examination centre.

- Parents and guardians shall ensure that candidates **do not bring mobile phones** or any other prohibited articles, materials, or devices to the examination centre, as specified in this booklet. Any violation of this requirement shall render the candidate liable to the consequences prescribed under the applicable laws, rules, regulations, and instructions.

Mandatory **Entry Documents**

Original Identity Document

The candidate shall produce only one of the following original identity documents validly issued by the competent authority:

- Computerized National Identity Card (CNIC) issued by NADRA, for candidates aged 18 years or above;
- Juvenile Card issued by NADRA, for candidates below 18 years of age; or
- Passport in original, validly issued by the competent national authority.

Printed Admittance Card: The candidate shall also produce the printed Admittance Card issued by the University.

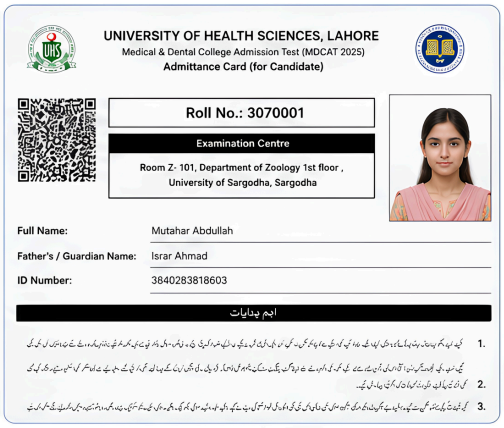
No other document acceptable

No other document, whether original or otherwise, shall be accepted as proof of identity, including but not limited to a B-Form (Child Registration Certificate), Driving Licence, Domicile Certificate, Family Registration Certificate (FRC), Matriculation or Intermediate Result Card/Certificate, or any other document not expressly specified here.

Note: The identity document must be presented in its original form. Photocopies, coloured prints (except Admittance Card), scanned copies, laminated photocopies, digital images, electronic copies, or reproductions of any kind shall not be accepted under any circumstances.

Candidate providing Juvenile Card and Admittance Card at entry

Juvenile Card (Original)



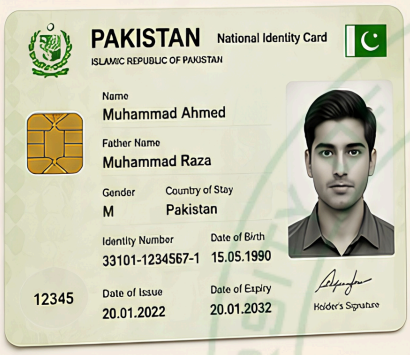
Admittance Card (Printed)

ACCEPTABLE ORIGINAL IDENTITY DOCUMENTS

The candidate shall produce **ONLY ONE** of the following original identity documents validly issued by the competent authority:

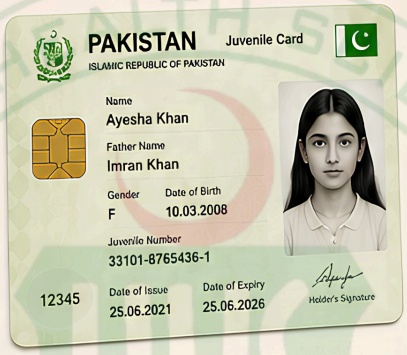
01 CNIC

Computerized National Identity Card (CNIC) issued by NADRA, for candidates aged 18 years or above.



02 Juvenile Card

Juvenile Card issued by NADRA, for candidates below 18 years of age.



03 PASSPORT

Passport in original, validly issued by the competent national authority.

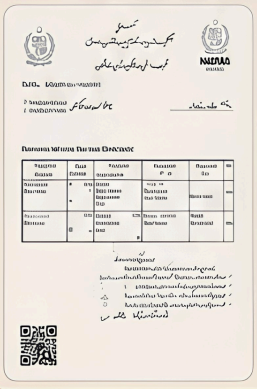
NOTE

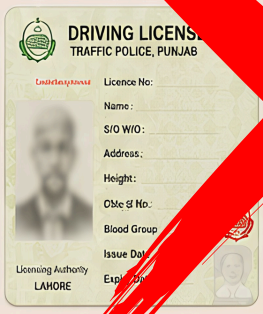
The identity document must be presented in its original form. **Photocopies, coloured prints, scanned copies, laminated photocopies, digital images, electronic copies, or reproductions of any kind** shall not be accepted under any circumstances.

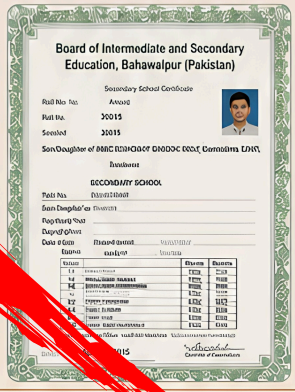
NO OTHER DOCUMENT SHALL BE ACCEPTED

No other document, whether original or otherwise, shall be accepted as proof of identity, **including but not limited to:**

- B-Form / CRC (Child Registration Certificate)
- Driving
- Domicile Certificate
- SSC / HSSC Certificate
- Any Other Document







PRESENT ORIGINAL – NO EXCEPTIONS | YOUR IDENTITY, YOUR RESPONSIBILITY

Items
Allowed & Prohibited

ALLOWED ITEMS

Only the following items are permitted inside the examination centre:

Transparent clipboard that is completely blank and free of any writing, printing, marking, label or inscription.

Two blue ballpoint pens only. Markers, pointers, pencils, gel pens, fountain pens or ink pens are prohibited.

One small transparent water bottle only. No food, beverage or drink of any kind, other than water in the permitted bottle, shall be allowed.

PROHIBITED ITEMS

The following items are strictly prohibited inside the examination centre:

Any written, printed, handwritten, photographic, electronic or digital material other than the Admittance Card and original identity documents.

Geometry boxes, calculators, logarithmic tables, rulers, writing instruments other than the permitted blue ballpoint pens, or any stationery item capable of concealing material.

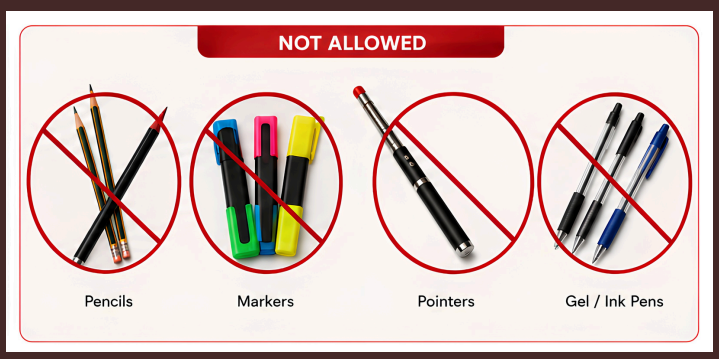
Any electronic, digital, storage, recording, transmission or communication device including mobile phones, smart watches, Bluetooth devices, earphones, headphones, digital pens, pen drives, pagers, microphones, cameras, health bands, smart glasses or any similar device.

Personal belongings including wallets, handbags, purses, jewellery, goggles, caps or any other article not expressly permitted by the University.

The possession, custody, concealment, or recovery of any prohibited item, whether detected during frisking, at any stage of entry, or at any time during the examination, shall constitute the use of unfair means. Such possession shall render the candidate liable to disciplinary proceedings under the University's Regulations Relating to Unfair Means in Examinations, including immediate cancellation of the examination paper and **debarment from appearing in next two (02) consecutive MDCAT examinations**. Where warranted, the candidate may also be handed over to the Police or any other competent law enforcement authority for legal proceedings in accordance with the applicable laws.

Writing Instrument Allowed

Only blue ballpoint pens are permitted. Pencils, gel pens, fountain pens, ink pens, markers, pointers, highlighters, and all other writing instruments are strictly prohibited.



Entry & Seating in **Examination Hall**

- All candidates shall be subject to **frisking, identity verification**, and such other security and verification procedures as may be prescribed by the University before entry into the examination hall. Candidates whose identity is found to be suspicious or doubtful shall be subjected to **biometric verification by NADRA** teams at the examination centres for the purpose of identity verification.

- Candidates shall proceed **only to the examination hall or room allotted to them**, as indicated by the signage displayed within the examination centre.

- Seating arrangements shall be made strictly in accordance with the roll numbers displayed on the respective desks or chairs. Every candidate shall **ensure that he or she occupies only the seat allotted against his or her roll number.** Occupation of any seat, hall, or room other than that allotted to the candidate shall result in the immediate cancellation of candidature

- The University shall display the seating plan outside each examination centre, in the form of prominently placed banners, at least one day before the examination. Candidates are advised to consult the displayed seating plan in advance to identify their allotted examination hall or room and facilitate timely access on the day of the examination.

MCQ
Response Form

Distribution of Response Form

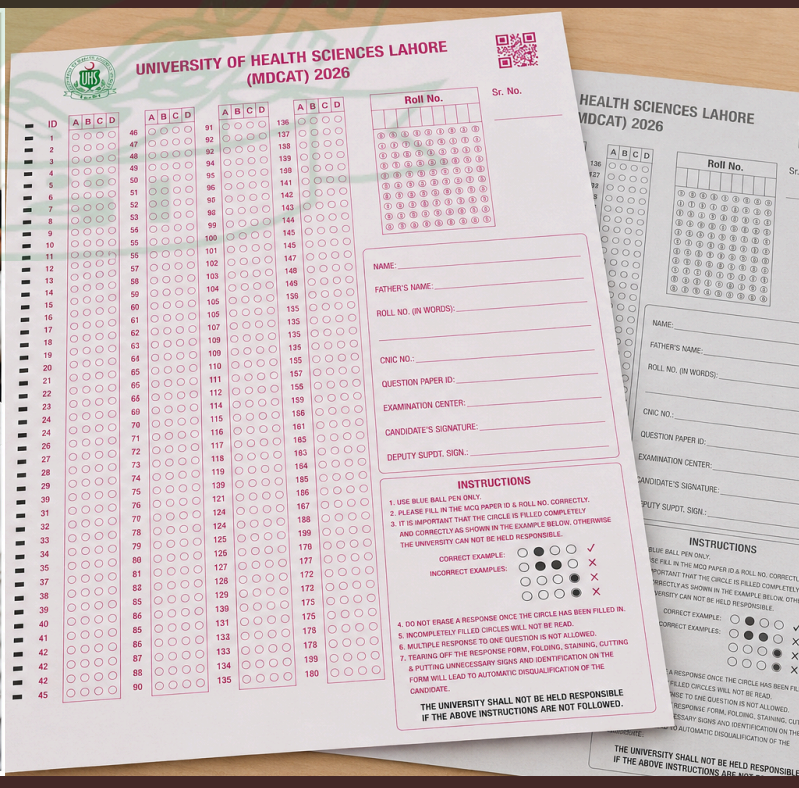
After verification and seating of candidates, the invigilation staff shall issue one Response Form (Answer Sheet) to each candidate and communicate the necessary instructions for its completion and use in accordance with the directions of the University.

Nature and Purpose of the Response Form

The Response Form shall be a specialized, double-sheeted, pre-printed and barcoded Bubble Sheet and shall constitute the candidate's official Answer Sheet for the examination. It shall be used for recording answers to all Multiple Choice Questions (MCQs). **Only one Response Form shall be issued to each candidate.**

Completion of Candidate Particulars

Before attempting the question paper, the candidate shall carefully read the instructions printed on the Response Form and enter his/her Roll Number, personal particulars and signature in the designated spaces. Where bubbling of the Roll Number or any other information is required, the candidate shall fill the corresponding bubbles carefully and accurately.

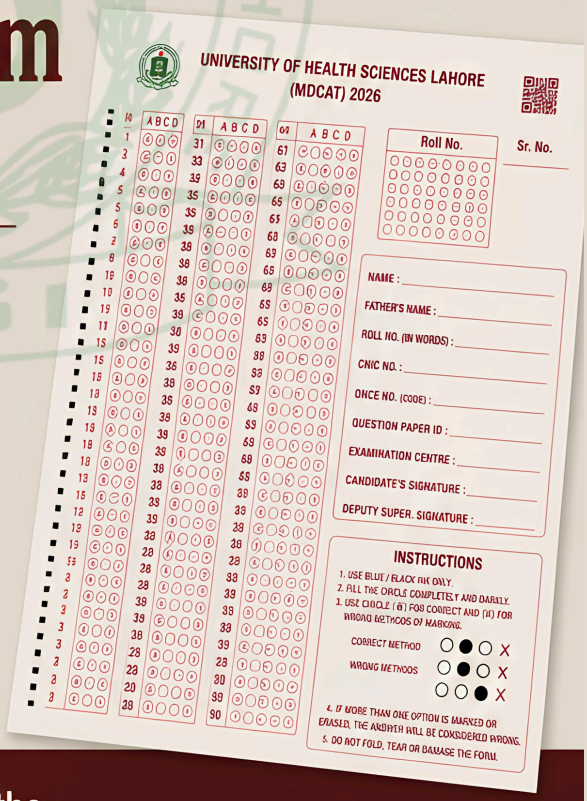


MCQ Response Form

shall be issued only once.

Fill it carefully.
It will not be replaced
if you make any mistakes.

Use it
very carefully.

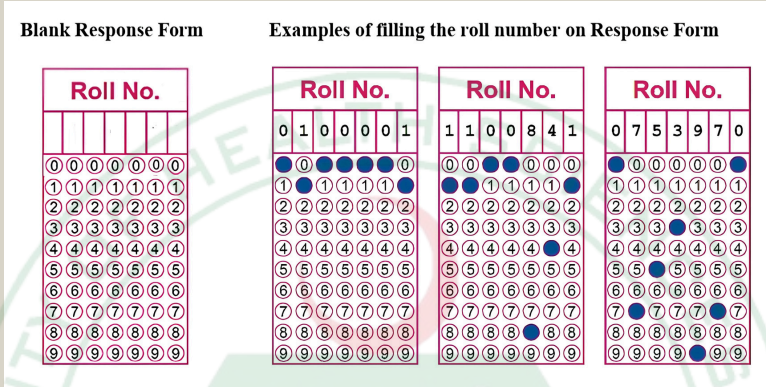


Any error made while completing the Response Form cannot be corrected by obtaining a new one.

Handling Your **Response Form**

Practice filling your roll number

Candidates are advised to practise at home the correct method of entering and filling in their Roll Number on the Response Form before the test day. Candidates shall be solely responsible for correctly entering their Roll Number. **The University shall not be responsible for any error or incorrect marking, and no replacement or substitute Response Form shall be issued under any circumstances.**

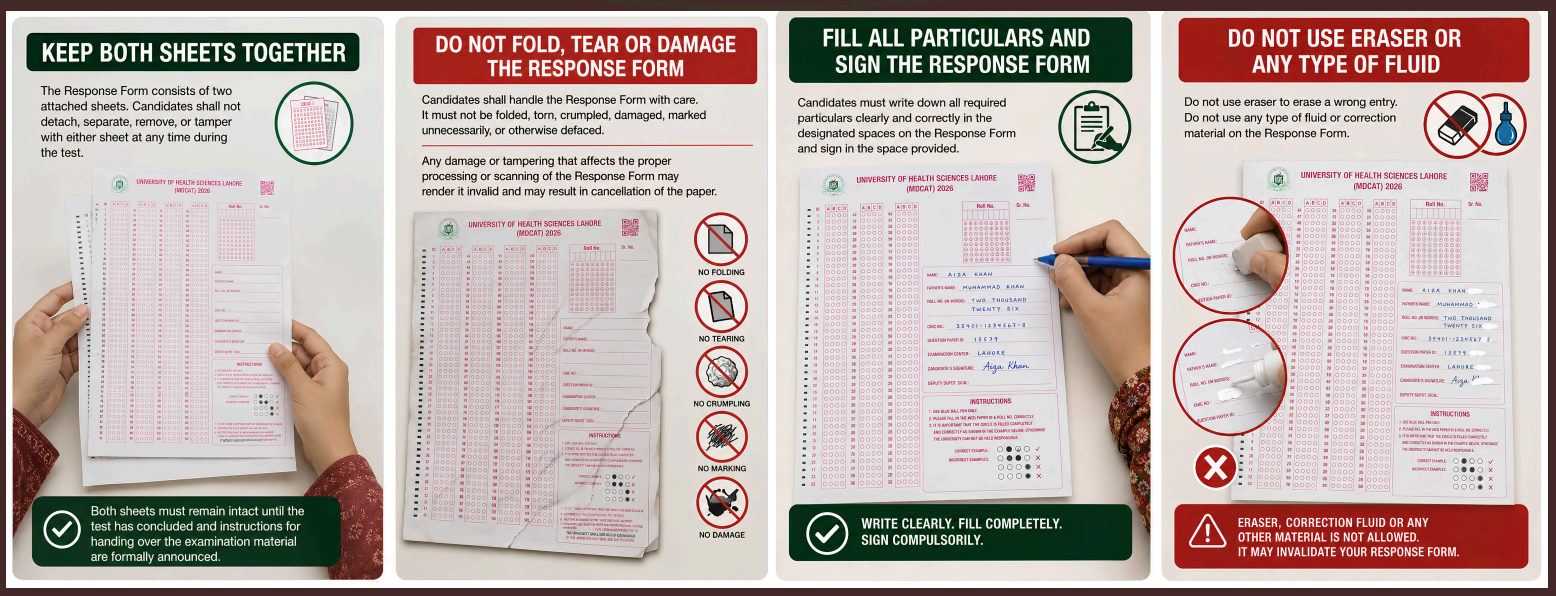


Keep both sheets together

The Response Form consists of **two attached sheets**. Candidates shall not detach, separate, remove, or tamper with either sheet at any time during the test. Both sheets must remain intact until the test has concluded and instructions for handing over the examination material are formally announced.

Do not fold, tear or damage the Response Form

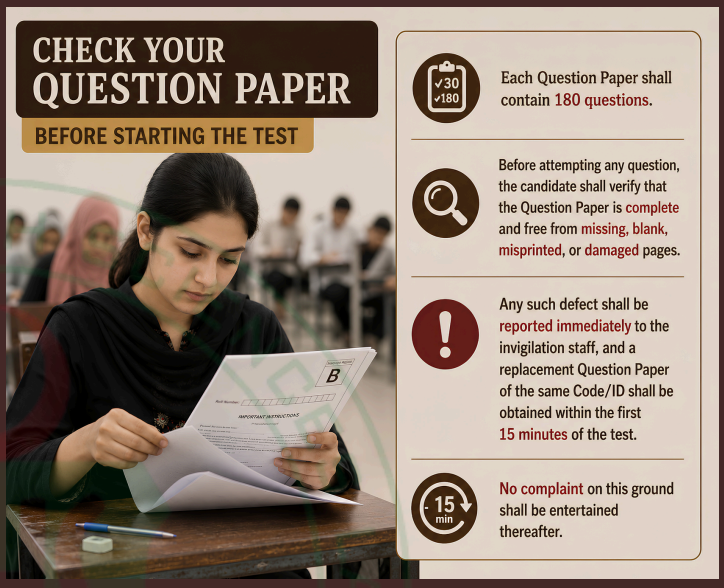
Candidates shall handle the Response Form with care. It **must not be folded, torn, crumpled, damaged, marked unnecessarily,** or otherwise defaced. Any damage or tampering that affects the proper processing or scanning of the Response Form may render it invalid and may result in cancellation of the paper.



MCQ
Question Paper

Distribution of Question Paper

At 09:50 a.m., the invigilation staff shall distribute the Question Papers to all candidates.



Check your Question Paper immediately

Each Question Paper shall contain **180 questions**. Before attempting any question, the candidate shall verify that the Question Paper is complete and free from missing, blank, misprinted, or damaged pages. Any such defect shall be reported immediately to the invigilation staff, and a replacement Question Paper of the same Code/ID shall be obtained **within the first 15 minutes** of the test. No complaint on this ground shall be entertained thereafter.

Read the instructions carefully

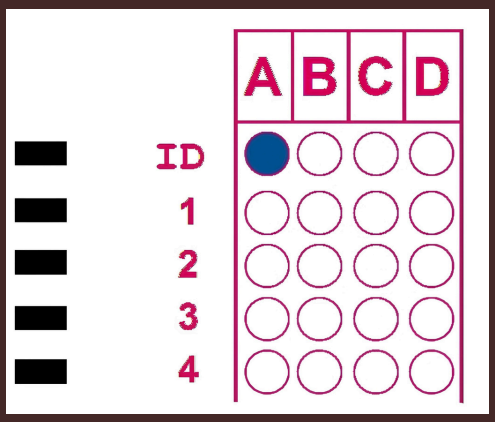
The first page of the Question Paper shall contain the **Question Paper Code/ID** and important instructions. Candidates shall read and strictly comply with all such instructions throughout the examination.

Write your roll number and sign

Immediately upon receipt of the Question Paper, each candidate shall write his/her Roll Number and affix signature in the **designated spaces on the front page** and **also on every page** of the question paper.

Question Paper Code/ID

There shall be multiple Question Paper Codes/IDs (e.g., A, B, C and D). Each version shall contain the same questions arranged in a different order to maintain the fairness and integrity of the examination.



Correctly fill the Question Paper Code/ID

Each candidate shall correctly record the Question Paper Code/ID on the Response Form by completely filling the corresponding circle in the prescribed manner.
Any incorrect, incomplete, or omitted Question Paper Code/ID may result in incorrect or null evaluation of the Response Form, for which the University shall not be responsible.

Instructions for **Marking Answers**

Use blue ballpoint pen only

Use only a **blue ballpoint pen** to mark answers on the Response Form. No other writing instrument shall be used.

Mark your answer on the Response Form

Each question, from 1 to 180, has four possible answers. After deciding the correct answer, **locate the same question number** on the Response Form and completely fill the circle corresponding to your chosen option.

Fill the circle completely

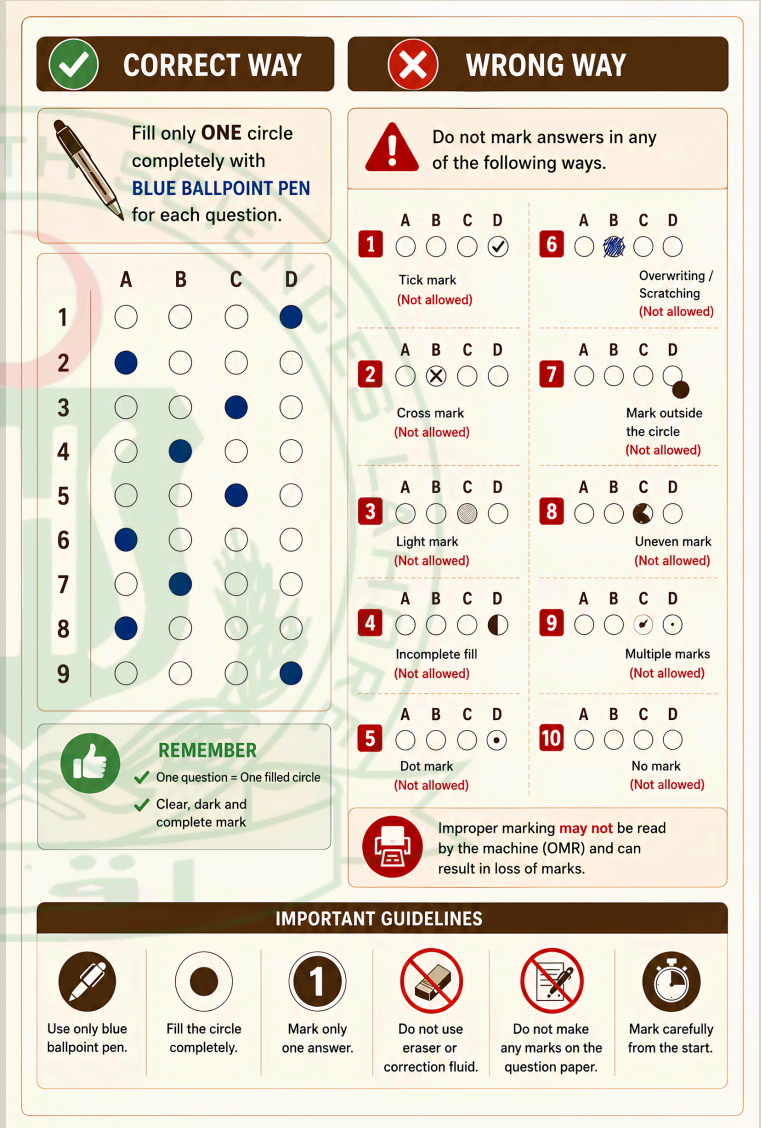
The selected circle must be fully and darkly filled, with the marking confined within the circle. **Do not use ticks, crosses, dots, partial shading, or any other marks**. A lightly, partially, or incorrectly filled circle may not be read by the Optical Mark Reader (OMR) machine and may receive no mark.

Mark only one answer

Fill only one circle for each question. If more than one circle is filled for the same question, the response shall be treated as **invalid**.

Decide before you fill

Be certain of your answer before filling the circle. Once a circle has been filled, the answer **cannot be changed or corrected**.



No erasing or correction

Do not erase, overwrite, scratch, use correction fluid, or otherwise attempt to alter a marked response. The Response Form is machine-readable, and any alteration may result in incorrect or invalid evaluation.

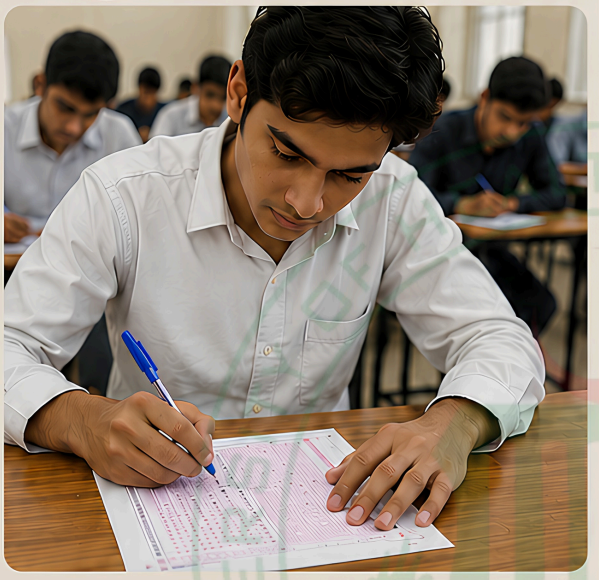
Do not write on the Question Paper

Do not make ticks, marks, notes, or other writing **on the Question Paper**, except in an area specifically designated for rough work.

MARK ANSWERS ONLY ON THE RESPONSE FORM (BUBBLE SHEET)

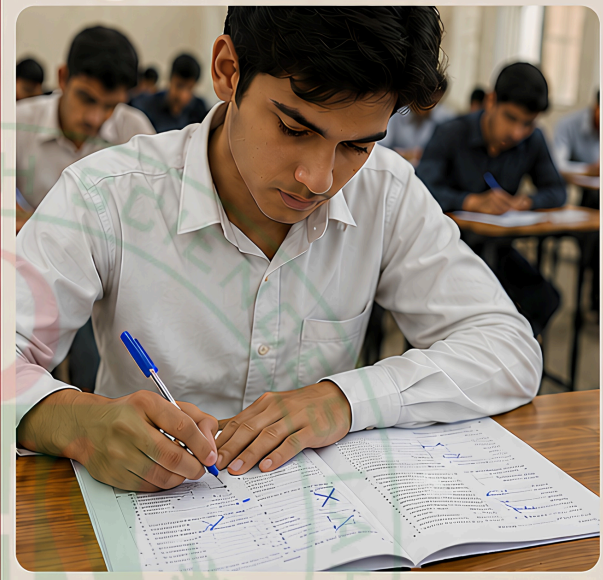
NOT ON THE QUESTION PAPER

CORRECT



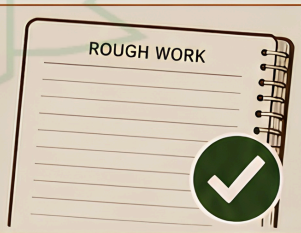
MARK ON RESPONSE FORM

WRONG



DO NOT MARK ON QUESTION PAPER

No ticks, crosses, notes or writing on the Question Paper except at the last page where there is space provided for Rough Work.



CANCELLED

MARKING ON THE QUESTION PAPER WILL RESULT IN CANCELLATION OF YOUR PAPER

PAPER WILL BE CANCELLED

Follow the rules. Protect your future.

Mark smart. Score right.

Rough Work & **Attendance**

Rough work

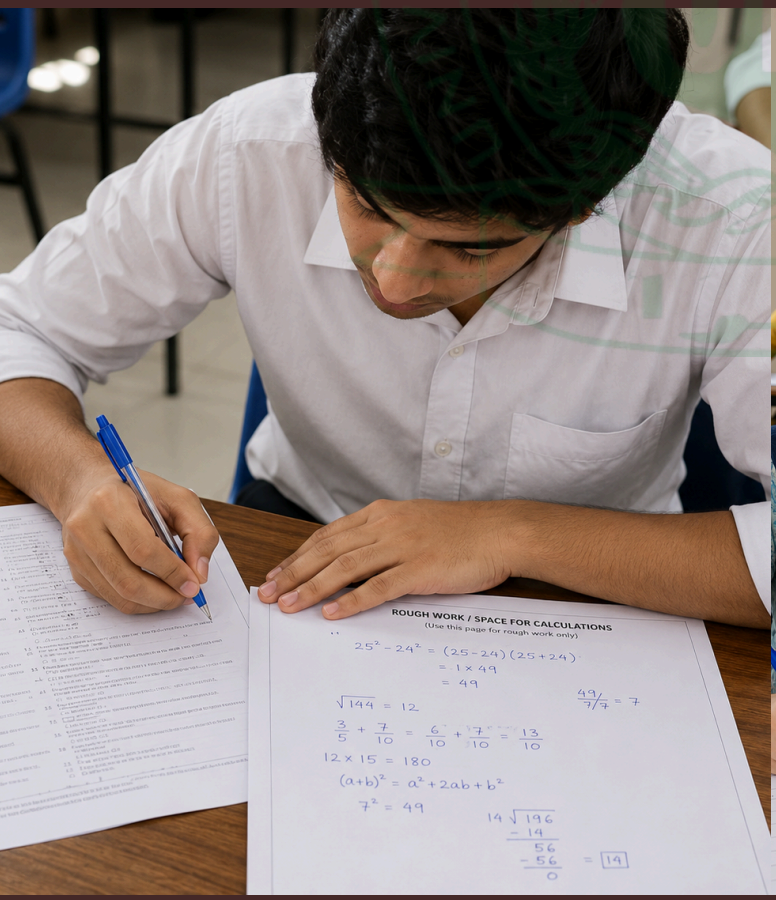
No rough work shall be done on the Response Form. All rough work shall be confined to the designated space provided at the **end of the Question Paper.**

Attendance

During the examination, each candidate shall sign the Attendance Sheet twice at the designated space:

First signature: immediately after commencement of the test.

Second signature: upon conclusion of the test, as directed by the invigilation staff.



At the **Conclusion**

Test ends at 1:00 p.m.

The test shall conclude precisely at 1:00 p.m. Upon the Centre Superintendent's announcement of "**Stop**", every candidate shall immediately stop writing, put down the pen, and turn over the Question Paper and Response Form.

Hand over the required sheets

Before leaving the examination hall, every candidate must hand over to the invigilation staff:
- **the upper coloured sheet of the Response Form; and**
- **the first page of the Question Paper.**

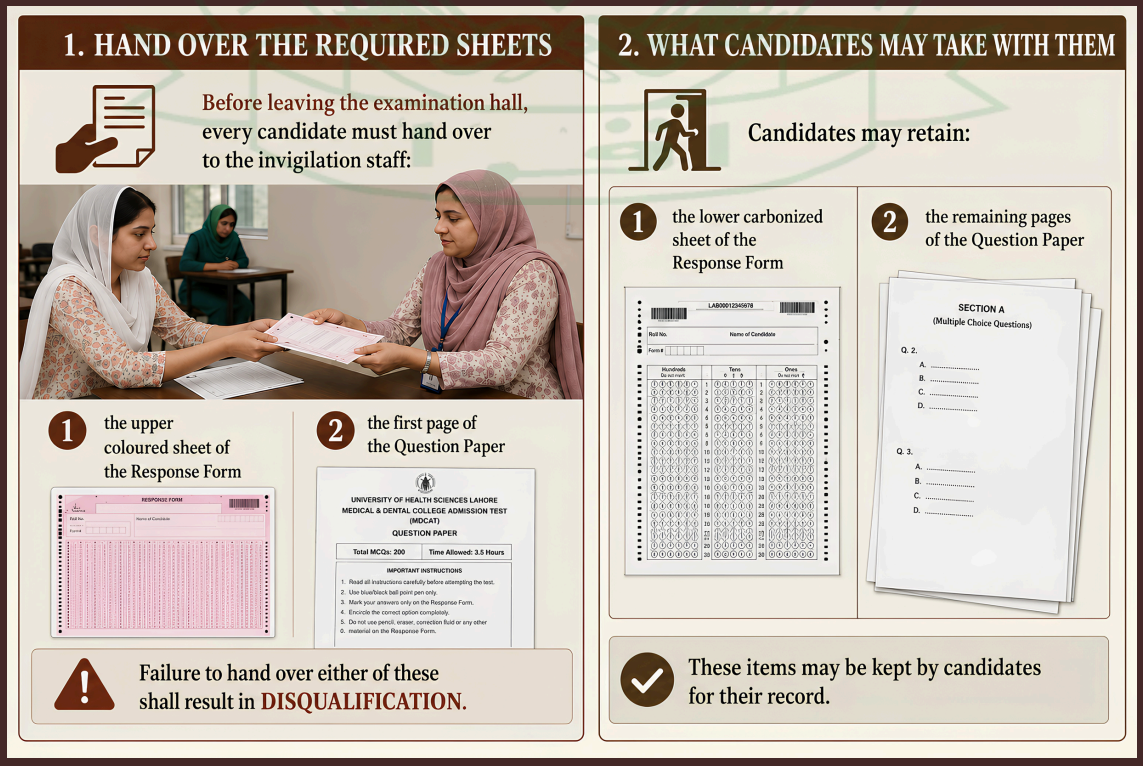
Failure to hand over either of these shall result in disqualification.

What candidates may take with them

Candidates may retain:
the lower carbonized sheet of the Response Form; and
the remaining pages of the Question Paper.

Remain seated until instructed to leave

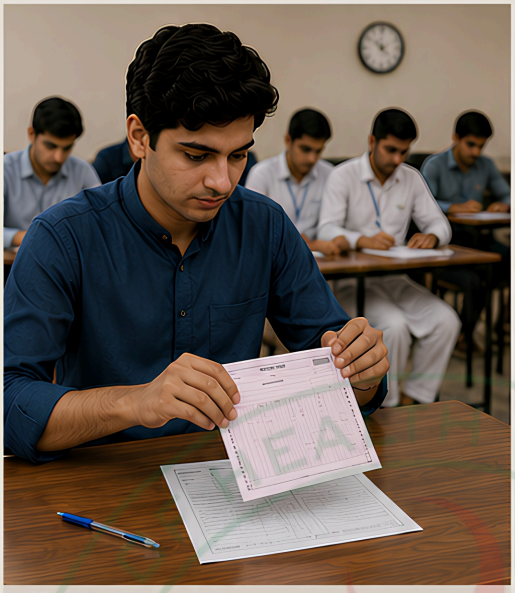
Candidates shall remain seated while the invigilation staff **collect, count, and verify** all Response Forms and the first pages of the Question Papers. No candidate shall leave the examination hall until the Centre Superintendent formally announces that candidates may leave.



1. RESPONSE FORM

At the end of the examination, candidates shall detach the two sheets of the Response Form as instructed.

Detach the two sheets carefully. Hand over the **upper coloured sheet** to the Deputy Superintendent and keep the **lower carbonised** sheet with you.



1 Candidate carefully detaches the two sheets.

2 Candidate hands over the upper coloured sheet to the Deputy Superintendent.

Keep the lower carbonised sheet with you. Do not hand it over.

2. QUESTION PAPER (FIRST PAGE)

At the end of the examination, candidates shall separate the first page of the Question Paper and hand it over to the Deputy Superintendent.

Separate the **first page** carefully. Hand over this page to the Deputy Superintendent. Take the **rest of the Question Paper with you.**

1 Candidate separates the first page of the Question Paper.

2 Candidate hands over the first page to the Deputy Superintendent and takes the rest of the Question Paper with them.

Failure to follow these instructions shall result in DISQUALIFICATION.

Rules for Use of **Unfair Means**

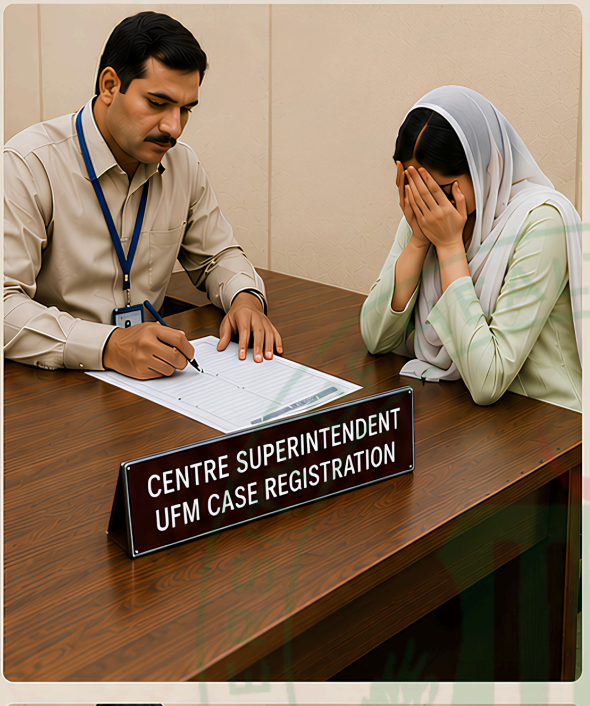
What constitutes an unfair means practice?

An "Unfair Means Practice" means any act, omission, conduct, or attempt by a candidate intended to obtain, or capable of providing, an unauthorised or unfair advantage in the examination, or to compromise the fairness, integrity, or security of the examination process.
Unfair Means Practices shall include, but are not limited to, the following:

Possession of prohibited items: Possessing any item prohibited as mentioned in this booklet, whether or not it is actually used.
Impersonation or false identity: Impersonating another candidate, arranging for another person to appear in one's place, or misrepresenting or falsifying identity in any manner.
Tampering with documents: Altering, manipulating, fabricating, or falsifying any document, including the Admittance Card, photograph, application form, certificate, or other online or printed record.
Providing false information: Entering incorrect, false, or misleading information on the Question Paper, Response Form, Attendance Sheet, or any other examination document.
Marking answers elsewhere: Recording or marking answers on any material other than the officially issued Response Form.
Damaging examination material: Tearing, mutilating, damaging, destroying, or otherwise tampering with the Response Form, Question Paper, Attendance Sheet, or any part thereof.
Removing the coloured Response Form: Removing or attempting to remove the upper coloured sheet of the Response Form from the Examination Hall.
Removing or reproducing examination material: Taking out, attempting to take out, copying, photographing, reproducing, transmitting, or otherwise recording any part of the Question Paper or Response Form during the examination.
Altering examination records: Erasing, overwriting, altering, or tampering with any printed or written information on the Response Form or Attendance Sheet.
Unauthorised communication: Communicating, attempting to communicate, or establishing contact with any person other than authorised examination staff during the test.
Giving or receiving assistance: Giving, seeking, attempting to give or seek, or receiving assistance from another candidate or any other person, directly or indirectly.
Exchanging examination material: Exchanging or attempting to exchange a Question Paper or Response Form with another candidate.
Borrowing or lending: Borrowing, lending, giving, receiving, or exchanging any material or item with another candidate during the test.
Creating disturbance: Causing any disturbance, disruption, obstruction, or interference with the orderly, secure, and fair conduct of the examination.
Unauthorised entry or exit: Entering or leaving the Examination Centre/Hall without authorisation, attempting forceful or unauthorised entry or exit, or leaving the Centre/Hall without permission.
Disobeying examination staff: Refusing, disregarding, or failing to comply with any lawful instruction issued by the Centre Superintendent, supervisory staff, invigilation staff, or other authorised examination personnel.
Tampering with the carbonised copy: Altering, manipulating, fabricating, or falsifying the lower carbonised copy of the Response Form, including for the purpose of challenging or disputing the official result or scores.

Punishment for Use of Unfair Means in MDCAT

The University has a **ZERO TOLERANCE** policy towards Unfair Means Practices.



BOOKING OF UFM CASE

If, at any time before, during or after the examination, a candidate is found to have committed, attempted to commit or participated in any act defined as Unfair Means Practice, the candidate shall be deemed to have **breached** the examination rules and shall be **booked for Unfair Means (UFM).**

Such acts include, but are not limited to:

- **Possession of barred items** (Mobile phones, Bluetooth devices, Hands free, Smart watches, etc.)

- Impersonation
- Communicating with others
- Copying or exchanging answers
- Removing exam material
- Disturbing the exam process
- Disregarding instructions

and **any other act of unfair advantage.**

IMMEDIATE DISQUALIFICATION

The examination of a candidate booked for UFM shall be **cancelled forthwith.**

Such candidate shall not be allowed to continue the test and his/her candidature shall stand cancelled.

Such candidate shall also be debarred from taking the MDCAT for two (02) further consecutive years.

REFERRAL TO POLICE

Where the act of unfair means also constitutes an offence under law or warrants legal action, the candidate or any other person involved may be **handed over to the police or reported** to the competent law-enforcement authority for proceedings in accordance with law.

Any violation of the examination rules will be dealt with strictly to ensure fairness, integrity and credibility of the examination system.

Honesty in exams today, secures your future tomorrow.

Review
Requests & Complaints

Review Request for Question Paper

- A candidate who has an objection regarding one or more MCQs in the MDCAT 2026 Question Paper may submit a request for review through the online complaint portal (**https://mdcat.uhs.edu.pk**) available on the official UHS website. The request must be submitted using the same email address of the candidate registered for MDCAT 2026.

- The complaint must be submitted on the online portal (**https://mdcat.uhs.edu.pk**), duly completed in all respects, **between 1:00 PM and 6:00 PM on the day of the Test**. Each objection should clearly identify the MCQ concerned and state the grounds for review.

Validation of Test Questions

- All reported questions on the Test day **will be reviewed by an independent panel of experts** constituted by the University. **The panel's decision shall be final.**

- If the panel concludes that a question is invalid, ambiguous, or technically flawed, that question will be **removed from the test.**

- **No candidate will be disadvantaged** because of the deletion of a question. The final score of every candidate will be calculated after **excluding** the deleted question(s) in accordance with the University's approved scoring policy.

Review Request for Official Answer Key

- After publication of the Official Answer Keys on the UHS website, a candidate may submit an objection regarding the correct answer to any MCQ through the same online complaint portal (**https://mdcat.uhs.edu.pk**).

- Such objections may be submitted from the time the Official Answer Keys are published **until 6:00 PM on the day after the Test.**

Complaints Not to Be Entertaned

- No complaint shall be entertained if it is:

  i. submitted manually or through any mode other than the prescribed online portal;
  ii. incomplete or not submitted in accordance with the prescribed instructions; or
  iii. received after the applicable deadline.

- No request for review or objection shall be accepted **after the prescribed deadline** under any circumstances.

Self-Scoring & **Official Result**

Scoring

The MDCAT 2026 shall comprise 180 Multiple Choice Questions (MCQs), carrying one (01) mark each, with a maximum score of 180 marks.

- **One (01) mark** shall be awarded for each correct response.
- There shall be **no negative marking** for an incorrect response.
- A response shall be considered valid only if the corresponding bubble on the **Response Form is properly filled in the prescribed manner.**
- Any bubble that is left blank, improperly filled, partially filled, or otherwise marked contrary to the prescribed instructions shall be treated as an **incorrect response**, and no mark shall be awarded.

Official Answer Keys and Self-Scoring

After conclusion of the Test, the University shall publish the **Official Answer Keys for all Question Paper Codes/IDs** on its official website **on the same day.**
Candidates may use the Official Answer Key corresponding to their Question Paper Code/ID, together with the **carbonized copy of their Response Form**, to calculate their expected score.
The score calculated by a candidate shall be for **self-assessment only** and shall not constitute the official result.

Declaration of Result

The official MDCAT 2026 result shall be declared on the University's website **within seven (07) days of the date of the Test.**
Following declaration of the result, candidates shall be able to view and download their individual MDCAT 2026 result from the University's official website in the prescribed manner.
The result officially declared by the University shall constitute **the final score of the candidate**, subject to the applicable rules, regulations and policy governing MDCAT 2026.

Re-Counting of Scores

Following declaration of the official MDCAT 2026 result, candidates shall be given an opportunity to request re-counting of their scores.
A request for re-counting shall:

- be submitted through the online portal (**https://mdcat.uhs.edu.pk**) **notified by the University for MDCAT 2026;**
- be submitted **within five (05) days** from the date of publication of the official result on the University's website; and
- contain the candidate's required identification and examination details in the prescribed manner.

No request for re-counting shall be entertained before declaration of the official result or after expiry of the prescribed five-day period.
The re-counting process shall be limited to verification of the calculation and compilation of the candidate's score and **shall not constitute re-evaluation or re-assessment** of the candidate's responses.
Where re-counting results in any change in a candidate's score, the revised result shall be notified by the University through its official website and shall supersede the previously declared result.

CONTACT INFORMATION

PAKISTAN MEDICAL AND DENTAL COUNCIL (PM&DC)

For queries relating to **MDCAT** registration, curriculum, test format or content, candidates may contact the **Pakistan Medical and Dental Council (PM&DC)** through the following official channels:

Main UAN: 051–9190000

- **Extension 302:** Examination/MDCAT queries
- **Extension 402:** IT Help Desk/portal and technical issues

Call Centre: 033–1100–6191

For general, licensing and examination–related queries

Email:

- Examination/MDCAT: **examination@pmdc.pk**
- IT Support: **it.section@pmdc.pk**

Postal Address:

G–10/4, Mauve Area,
Islamabad

SOCIAL MEDIA – PM&DC

Facebook:	@PakMedicalCommission
X (Twitter):	@PMDCPakistan
LinkedIn:	Pakistan Medical and Dental Council
Website:	**www.pmdc.pk**

UNIVERSITY OF HEALTH SCIENCES, LAHORE

For queries relating specifically to the conduct of **MDCAT 2026** in Punjab, examination–centre arrangements, test administration, declaration of the result, **complaints/requests for change of data on Admittance Card** or any other exam–related matter, candidates may contact the **University of Health Sciences (UHS), Lahore** through the following official channels:

UAN: +92–42–111–333–366

Landline: +92–42–99231304–9

Complaint Portal:

https://mdcat.uhs.edu.pk

Postal Address:

Khayaban–e–Jamia–e–Punjab,
Lahore 54600, Pakistan

SOCIAL MEDIA – UHS

Facebook:	@uhs.lhrofficial
Instagram:	@uhs.lhrofficial
X (Twitter):	@uhslhrofficial
LinkedIn:	University of Health Sciences Lahore
Website:	**www.uhs.edu.pk**

Candidates are advised to contact the relevant authority according to the nature of their query to **avoid unnecessary delay.**

University of Health Sciences Lahore
Khayban-e-Jamia Punjab, Lahore-Pakistan
Ph: +92 42 111 333 366