Monthly

UHS NEWS

UNIVERSITY OF HEALTH SCIENCES LAHORE

September 2026



Maj Gen (R) Prof Sohail Sabir takes charge as UHS VC

Sept 18: Maj Gen (Retd) Professor Sohail Sabir, HI (M), has assumed charge as the 13th Vice Chancellor of the University of Health Sciences (UHS) Lahore.

On his first day in office, the newly appointed Vice Chancellor took an immediate briefing on arrangements for the Medical and Dental College Admission Test (MDCAT) 2026, scheduled to be held across Punjab on September 20.

Prof Sohail Sabir visited the Control Room and reviewed preparations for the admission test. He met officers and officials associated with MDCAT arrangements and inquired about their respective duties and responsibilities. He also sought updates on preparations being made for the smooth and transparent conduct of the examination.

Prof Sohail Sabir brings extensive experience in clinical medicine, medical education,

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Top News

47,475 take MDCAT in Punjab ; 37,708 qualify for MBBS admissions

PGET preparations reviewed as over 8,000 got registered

UHS, RCP London explore collaboration in postgraduate medical education










47, 475 take UHS MDCAT in Punjab; 79.43pc candidates qualify for MBBS

September 24: The University of Health Sciences (UHS) has announced the results of the Medical and Dental College Admission Test (MDCAT) 2026, conducted across Punjab on September 20. The examination was held peacefully at 31 centres in 15 cities, with no untoward incident reported.

According to the result notification, 47,475 candidates appeared in the test. A total of 1,772 candidates secured scores between 170 and 180, while 6,682 obtained 160–169 marks. Another 6,260 candidates scored 150–159, 5,357 scored 140–149, 4,939 scored 130–139, 4,382 scored 120–129, 4,188 scored 110–119, 3,766 scored 100–109 and 3,111 candidates obtained 90–99 marks. As many as 7,018 candidates scored 89 or below.

Under the minimum qualifying criterion of 55 percent for MBBS, 37,708 candidates qualified, giving a qualifying ratio of 79.43 percent. For BDS, where the minimum qualifying criterion is 50 percent, 40,457 candidates qualified, representing a qualifying ratio of 85.22 percent.

The MDCAT was conducted from 10:00am to 1:00pm on September 20. Extensive security and monitoring arrangements, including NADRA biometric verification, walk-through gates, scanners, security personnel and medical facilities, were provided at examination centres.

UHS Vice Chancellor Maj Gen (Retd) Prof Dr Sohail Sabir visited all six examination centres in Lahore and reviewed arrangements. Secretary Specialized Healthcare & Medical Education Department Punjab Azmat Mahmud also visited centres and expressed satisfaction over the conduct of the examination.

Around 3,700 invigilators and supervisory staff performed duties across the province. District administrations, police, medical universities, colleges and other departments supported the examination process.

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UNIVERSITY OF HEALTH SCIENCES LAHORE
Khayaban-e-Jamia Punjab, Lahore. Ph. 042-99231304-10, Fax: 99231857

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Dated: 24-09-2026

RESULT NOTIFICATION
Medical & Dental Colleges Admission Test
MDCAT-2026

The Result of MDCAT-2026 for Candidates seeking admission to Medical and Dental Institutions in Punjab, held on 20th September 2026, is declared today on 24th September 2026 as under: -

Sr. No.	Range of Obtained Marks	Number of Candidates	Percentage
1.	170 to 180	1772	3.73%
2.	160 to 169	6682	14.07%
3.	150 to 159	6260	13.19%
4.	140 to 149	5357	11.28%
5.	130 to 139	4939	10.40%
6.	120 to 129	4382	9.23%
7.	110 to 119	4188	8.82%
8.	100 to 109	3766	7.93%
9.	90 to 99	3111	6.55%
10.	89 & below	7018	14.78%
11.	R.L	00	0.00%
12.	Absent	1727	3.64%
13.	Appeared	47475	------
14.	Total Registered	49202	------
% Result (Considering 55% minimum: Qualifying Marks for MBBS		37708	79.43%
% Result (Considering 50% minimum: Qualifying Marks for BDS		40457	85.22%

Note: Errors and omissions are excepted as a notice only. An entry appearing in it does not in itself confer any right or privilege independently to the grant of a proper Certificate/ Degree/ Diploma, which will be issued under the regulation in due course of time.

Vice Chancellor
University Of Health Sciences, Lahore.

PGET preparations reviewed as over 8,000 got registered

September 28: The Advisory Committee for the Punjab Postgraduate Entrance Test (PGET) 2026 reviewed preparations for the examination at a meeting held at the University of Health Sciences (UHS), with Vice Chancellor Maj Gen (R) Prof Dr Sohail Sabir in the chair.

The meeting was attended by Vice Chancellor University of Child Health Sciences Lahore Prof Masood Sadiq, Vice Chancellor Nishtar Medical University Multan Prof Dr Mehnaz Khakwani (online), Vice Chancellor Faisalabad Medical University Prof Dr Syed Asghar Naqi, Vice Chancellor Fatima Jinnah Medical University Prof Zohra Khanum, Pro-VI



Vice Chancellor and Chairperson Department of Ophthalmology, King Edward Medical University Prof Dr Muhammad Moin, and Vice Chancellor Rawalpindi Medical University Maj Gen (R) Prof M. Suhail Amin (online). Members of the UHS Core Committee for PGET were also present.

The meeting reviewed arrangements relating to candidate registration, question-bank development and validation, paper setting, examination centres, supervisory staff, security, confidential printing and transportation of examination material.

The committee was informed that 8,024 candidates had registered across Punjab by September 27, while the registration deadline is September 30. The test is scheduled to be held on October 25 at centres in Lahore, Multan, Faisalabad and Rawalpindi. The PGET is mandatory for induction to Level III postgraduate programs including MD, MS, MDS and FCPS. It has replaced former JCAT examination.

The Committee was informed that more than 9,000 MCQs have been submitted by subject experts, with 600 experts nominated from public-sector medical and dental institutions for question-bank development and validation.

The test will consist of two papers and will be conducted in 16 specialities, covering the relevant areas required for postgraduate medical and dental admissions. The committee also decided to meet again after September 30 to review the final registration position, assess the number of registered candidates, and finalise all necessary arrangements for the examination.

UHS BoG appreciates MDCAT, PGET arrangements

Sep 15: The 69th meeting of the Board of Governors of the University of Health Sciences (UHS) was held with the Board appreciating the arrangements made for the Medical and Dental College Admission Test (MDCAT) and Postgraduate Entrance Test (PGET).

The meeting was chaired by Ms Farkhanda Wasim Afzal, Chairperson BoG, and attended by members, Justice (Retd.) Sheikh Ahmad Farooq, Capt. (Retd.) Zahid Saeed, Ms Shahnaz Sardar, Prof Dr Saeed Shafqat, Dr Sidra Saleem, Mr Sohail Anjum, VC UHS Prof Dr Nadia Naseem and Registrar Ms Kiran Fatima.

The Board reviewed preparations for MDCAT-2026, scheduled for Sept 20, and was informed that 49,197 candidates will appear at 31 centres in 15 districts of Punjab. Comprehensive security arrangements, including CCTV monitoring, biometric verification, police deployment and Special Branch clearance of invigilation staff, have been finalized.

Preparations for PGET-2026, scheduled for Oct 25 at Lahore, Faisalabad, Multan and Rawalpindi, were also reviewed. The test is mandatory for Level-III postgraduate induction from January 2027.

UHS CLS Management Committee reviews key operational matters

Sept 3: The Management Committee of Clinical Laboratory Services (CLS), University of Health Sciences (UHS), met under the chairmanship of Vice Chancellor Prof. Dr. Nadia Naseem to review laboratory operations, supplies and service requirements. The committee discussed the demand for Real-time PCR quantification kits for Hepatitis C (HCV) and Hepatitis B (HBV), consumables for routine haematology testing, and an uninterruptible power supply (UPS) for the CBC Analyzer. Other agenda items included laboratory waste management, external quality assurance, and provision of sample collection materials, including tubes and syringes. The committee also considered collaboration with Sheikh Zayed Hospital and Khawaja Safdar Medical College. The meeting focused on ensuring uninterrupted laboratory services, timely availability of essential supplies and equipment, maintaining quality assurance standards, and strengthening institutional collaboration to improve the quality and efficiency of clinical laboratory services.









HEC team reviews accessibility, student welfare measures at UHS Jinnah Campus

September 8: A three-member team of the Higher Education Commission (HEC) visited the University of Health Sciences (UHS) Jinnah Campus, Kala Shah Kaku, to review implementation of HEC policies concerning accessibility for students with disabilities, protection against harassment, prevention of tobacco and drug abuse, and fee refund procedures.

The team comprised HEC Director General Research & Analysis Activities Saleem Ullah Sohoo, Expert on Inclusive Education Engr. Kashif Saleem and Disability Officer Meer Hassan. They were received by UHS Registrar Kiran Fatima, senior faculty members and university officers.

The visiting officials were briefed about UHS and Jinnah Campus by Prof. Allah Rakha, Head of Forensic Medicine, and Prof. Sidrah Saleem, Director Institute of Allied Health Sciences. The team inspected classrooms, library, laboratories and other facilities, verified wheelchair accessibility and interacted with students about their campus experience.

The HEC officials appreciated the existing accessibility arrangements and found the facilities accessible for persons with disabilities. Saleem Ullah Sohoo stressed providing students with disabilities equal opportunities in academic, recreational and other university activities.

The team recommended widening designated washrooms where required and providing dedicated spaces for persons with disabilities in classrooms, auditorium and cafeteria. It also proposed indoor games and recreational facilities for inclusive participation.

The officials emphasised regular awareness activities regarding harassment prevention, tobacco use and drug abuse, along with information about available support mechanisms.

The review covered relevant HEC policies on wheelchair accessibility, harassment, drugs and anti-narcotics, and the National Fee Refund Policy. HEC shared recommendations for further improvement, while UHS reaffirmed its commitment to strengthening accessibility, student welfare and an inclusive, safe and supportive campus environment. The University administration also pledged to implement the recommendations and ensure that all students have equal access to educational, recreational and support facilities.



Dr. Muhammad Abbas reappointed as UHS CoE

Sep 29: Dr Muhammad Abbas has been reappointed as the Controller of Examinations of the University of Health Sciences (UHS), Lahore, for a period of three years.

According to a notification issued by the Specialized Healthcare & Medical Education Department, Government of Punjab, dated September 28, 2026, Dr Muhammad Abbas has been appointed on a contract basis with immediate effect.

Dr Abbas has recently completed his first term as Controller of Examinations at UHS. Following completion of his first tenure, he has now been appointed for another three-year term.

The notification was issued with the approval of the Governor/Chancellor under Section 19(1) of the University of Health Sciences (UHS), Lahore Ordinance, 2002, read with Section 9(7) of the Act ibid.

The appointment notification was circulated to relevant authorities and stakeholders, including the UHS Vice Chancellor, members of the Syndicate, principals of public and private medical and dental colleges in Punjab, the Pakistan Medical and Dental Council and the Higher Education Commission.

Dr Muhammad Abbas will assume/continue his responsibilities as Controller of Examinations with immediate effect for the notified three-year contractual period.

UHS Highlights Scholarship Achievements at HEC Workshop



Sep 10: The two-day Close-Out Workshop of the USAID-funded Merit and Need-Based Scholarship Program (MNBSP), organized by the Higher Education Commission (HEC), was held in Islamabad on September 9–10. The University of Health Sciences (UHS) Lahore was represented by Prof. Dr. Uzma Zargham, Director Undergraduate Studies, and Dr. Zia Ur Rehman, Deputy Registrar.

Prof. Dr. Uzma Zargham presented UHS achievements, highlighting that 135 students had received scholarships, with approximately Rs50 million disbursed.

The workshop reviewed programme achievements and lessons learned, while participants discussed sustainable, transparent and inclusive mechanisms for future need-based scholarship programmes.



New UHS Vice Chancellor Felicitated











New UHS Vice Chancellor Felicitated











Four-Day Inter-Collegiate Literary & Debating Festival organized by de'Montmorency Debating & Literary Society (DDLS) from September 12–15, 2026.









SPECTRA
2026











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SPECTRA
2026







VC UHS visits Jinnah Campus, reviews academic and campus affairs

Sept 29: Vice Chancellor University of Health Sciences (UHS) Lahore Maj Gen (Retd) Prof Dr Sohail Sabir visited the university's Jinnah Campus, Kala Shah Kaku, on Monday and reviewed academic, administrative and campus affairs.

During the visit, the Vice Chancellor toured the Management Block, Academic Block and Boys' and Girls' Hostels. He inspected various facilities and reviewed the arrangements being made for students and faculty members.

Prof Dr Sohail Sabir also interacted with faculty members and students and listened to their views, suggestions and concerns. Discussions focused on the academic environment, teaching and learning facilities, student welfare, hostel facilities and other matters related to campus life.









The Vice Chancellor was given a detailed briefing on the academic and research activities being carried out at Jinnah Campus. He was informed about ongoing programmes, faculty engagement and initiatives aimed at improving the quality of education and research.

Speaking on the occasion, Prof Dr Sohail Sabir stressed the need for maintaining high academic standards and ensuring a conducive environment for learning, research and professional development. He said that the university was committed to providing students with quality academic, residential and extracurricular facilities so that they could pursue their studies in a supportive and productive environment.

The Vice Chancellor emphasised that regular interaction with students and faculty was essential for identifying issues and improving campus facilities. He directed the concerned officials to pay particular attention to students' needs and ensure that their genuine concerns were addressed promptly.

Prof Dr Sohail Sabir appreciated the efforts of faculty members and staff for maintaining academic and administrative standards at the campus. He also underscored the importance of teamwork, discipline and efficient administration for the smooth functioning of the campus.

Director Jinnah Campus Farooq Malik accompanied the Vice Chancellor during the visit.





UHS VC first address to employees, announces welfare measures and performance-based rewards

September 28: Vice Chancellor University of Health Sciences (UHS) Maj Gen (R) Prof. Dr. Sohail Sabir addressed employees in Grades 1 to 10 at Shams Tabrizi Auditorium, emphasising discipline, honesty, teamwork and employee welfare as key pillars for strengthening the university.

He said every employee, regardless of designation, had an important role in the university's progress and urged staff to perform their duties with dedication, responsibility and professionalism. He directed strict observance of official working hours from 9:00 am to 5:00 pm, stressing punctuality and effective utilisation of working hours.

Referring to the successful conduct of MDCAT 2026, the Vice Chancellor appreciated employees' teamwork and called for the same spirit in routine university affairs. He emphasised honesty and integrity, making it clear that corruption would not be tolerated. He also directed strict compliance with security protocols and proper security arrangements, including female security staff where required.

Prof. Dr. Sohail Sabir announced special appraisals and cash prizes for the best-performing employees after three months. He also announced free lunch for employees at both UHS City Campus and Jinnah Campus.

He urged employees to work as one team and contribute to making UHS a more disciplined, efficient and service-oriented institution.

230th meeting of UHS Advanced Studies & Research Board

September 10: The 230th meeting of the Advanced Studies & Research Board (ASRB) of the University of Health Sciences (UHS), Lahore, was held with Vice Chancellor Prof. Nadia Naseem in the chair.

The meeting reviewed a range of matters relating to postgraduate education, research and academic affairs. The Board considered thesis evaluation reports of M.Phil, MS and MD students in Forensic Medicine, Anaesthesia, Urology and Neurology, along with a PhD synopsis in Anatomy.

The Board also considered the proposed academic calendars for PhD/MSN and M.Phil/MPH programmes for Spring 2026, reviewed progress on the Postgraduate Entrance Test (PGET), and examined updated inspection proformas for MS, MD and MDS specialty programmes.

The meeting further took up synopses submitted for MD, MS, MDS, M.Phil and MHPE programmes. The agenda comprised confirmation of the previous ASRB meeting minutes and an implementation report on decisions taken at the 229th meeting.





UHS, PIU sign MoU to strengthen nursing education

September 4: The University of Health Sciences (UHS) and the Program Implementation Unit (PIU) of the Punjab Nursing & Health Workforce Reform Program (PNHWRP), Specialized Healthcare & Medical Education Department, Government of Punjab, signed a Memorandum of Understanding (MoU) to strengthen nursing and allied health education in Punjab.

The MoU was signed by PNHWRP Program Director Tariq Mahmood and UHS Vice Chancellor Prof. Nadia Naseem. It provides a framework for collaboration in MS and PhD Nursing programmes, faculty development, curriculum reform, continuing professional development, research, simulation and clinical skills, and international academic networking.

Tariq Mahmood said the collaboration was the 10th partnership established by his unit. He said the initiatives would produce 270 MS degree holders and 15 PhDs to strengthen nursing faculty. He added that collaboration with four to five international universities was also being considered.

Prof. Nadia Naseem said UHS had revised undergraduate and postgraduate nursing curricula to enhance clinical skills and practical training. She said UHS was the first university in Punjab preparing to launch a PhD Nursing programme, for which a competency-based curriculum had been approved.

The ADB-funded PNHWRP aims to reform nursing and allied health education through standards-based and internationally benchmarked interventions during 2026-2030. The MoU also covers joint workshops, faculty exchange, research and postgraduate education.







UHS, RCP London explore collaboration in postgraduate medical education

September 5: The University of Health Sciences (UHS) Lahore and the Royal College of Physicians (RCP) London have explored a range of initiatives to strengthen postgraduate medical education, training, assessment and research, including joint examinations, educational programmes, trainee exchange, research collaboration and international recognition of UHS clinical postgraduate degrees.

The discussions took place during a meeting at UHS chaired by Vice Chancellor Prof. Nadia Naseem. RCP London was represented by Preetham Boddana, Associate Global Director for South Asia, and Naa Noi, Global Project Manager, on behalf of RCP London President Prof. Mumtaz Patel.

UHS Director Postgraduate Studies Prof. Asif Naveed gave a detailed presentation on the university's postgraduate medical education system, the scope of its MD/MS programmes and its extensive academic and clinical training network. He also highlighted potential areas in which collaboration with RCP London could further strengthen the quality, assessment and international recognition of postgraduate medical training at UHS.

The two sides discussed joint postgraduate examinations, webinars and Continuing Medical Education (CME) programmes, trainee exchange, joint research projects and different levels of exemptions from MRCP examinations.

It was agreed that joint examinations and educational activities, particularly webinars and CME programmes, would be pursued as the first

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Maj Gen (R) Prof Sohail Sabir ....

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postgraduate training, research and healthcare administration to UHS. He served in the Armed Forces from April 1985 to August 2026 and has held senior academic, clinical and administrative positions, including Professor of Medicine at Army Medical College/NUMS, Head of Medicine at Army Medical College and Pakistan Emirates Military Hospital, and senior appointments in nephrology and medical education.

A specialist in medicine and nephrology, Prof Sohail Sabir holds MBBS, FCPS Medicine and FCPS Nephrology qualifications, besides FRCP from Edinburgh and London, a Master's in Organ Transplant from Liverpool, and Fellowship of the American Society of Nephrology. He has also pursued advanced training and research in medical education, nephropathology and clinical research. He did clinical PhD in genetic and clinical study in chronic kidney diseases from Shaheed Zulfiqar Ali Bhutto Medical University, Islamabad.

He has served as Director General Medicine at GHQ, Dean of the Armed Forces Postgraduate Medical Institute, Head of Medical Education and Continuous Professional Development at AFPGMI, and Medical Director/TQM Director in Saudi Arabia. He has also served as a Councilor of the College of Physicians and Surgeons Pakistan and Director of Cochrane Pakistan.

His professional record includes 57 national and seven international publications, with 25 Web of Science citations, while he has supervised 125 FCPS trainees in medicine, nephrology and transplant nephrology. He has also served as a CPSP examiner in Medicine and Nephrology since 2011.

Prof Sohail Sabir has been associated with the development of medical education and healthcare systems and has contributed to the introduction of advanced nephrology and dialysis practices at several major military hospitals. His documented contributions include development of medical education and CPD infrastructure, establishment of a dialysis centre, development of dialysis software and work on evidence-based healthcare research networks.

He has been awarded the Hilal-e-Imtiaz (Military), Chief of Army Staff Commendation Card, Magdi Yaqub Gold Medal for Research and other national and international recognitions.

World PT Day....

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of thanks by Dr. Gull Mahnoor Hashmi, Head of the Department of Physical Therapy, who appreciated the participation and support of the university leadership, Heads of Departments, faculty members, organizing teams and students.

The celebrations highlighted the contribution of physiotherapists in promoting physical activity, preventing cardiovascular complications and supporting rehabilitation following cardiovascular disease and stroke.

The Department of Physical Therapy reaffirmed its commitment to raising public awareness about healthy lifestyles and strengthening the role of physiotherapy in building healthier and more physically active communities.

MDCAT....

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UHS had provided candidates with carbon copies of their response forms. The university subsequently released the answer key, enabling candidates to calculate their expected scores.

The MDCAT 2026 results are available on the UHS website.

UHS, RCP London....

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phase of collaboration.

Both institutions agreed to continue consultations on trainee exchanges, joint research, MRCP exemptions and international recognition of UHS postgraduate qualifications. UHS will invite an RCP London team to evaluate its clinical examination and assessment system during examinations in November-December 2026. The meeting also discussed accreditation and GMC registration requirements.



UHS celebrates World PT Day 2026 with focus on cardiovascular health

September 9: The Department of Physical Therapy, University of Health Sciences (UHS) Lahore, observed World Physical Therapy Day 2026 with a range of activities highlighting the role of physiotherapy and physical activity in the prevention, management and rehabilitation of cardiovascular disease and stroke.

The celebrations were formally inaugurated at UHS Jinnah Campus in the presence of Prof. Dr. Sidrah Saleem, Director Allied Health Sciences (AHS), Dr. Usman Javed Iqbal, Additional Director AHS, and Heads of various departments. The ceremony was followed by a cake-cutting ceremony to mark World PT Day.

As part of the celebrations, students organized medical camps where participants underwent assessments related to cardiovascular fitness. The camps also served to raise awareness about heart health, the importance of regular physical activity and the role of preventive rehabilitation in reducing the risk of cardiovascular disease.

A major attraction of the event was the Physio Olympics, which provided students an opportunity to demonstrate their fitness, endurance, teamwork and sporting skills. Outstanding performers were recognized and awarded prizes at a special prize-distribution ceremony.

The programme also included the screening of an informative documentary focusing on cardiovascular health and preventive measures. The event concluded with a vote

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Editor: Muhammad Atif
Director Media & Publications