



POSTER COMPETITION
WORLD MENTAL HEALTH DAY-2021
Department of Behavioral Sciences, UHS Lahore



**MENTAL
HEALTH
CARE
FOR ALL**

Guidelines for Participants

- ✓ Drawing/painting/illustration must be on paper/canvas of A3, A2 or regular chart paper size reflecting the theme of World mental health day "Mental health care for all: let's make it a reality".
- ✓ Acceptable tools for drawing/painting include pencil, crayon, water color, oil paint etc. Each participant should submit one entry only.
- ✓ Poster will be judged based on creativity, presentation and relevance to the theme.
- ✓ Participant's name or identifying mark must not appear on the poster. Email your name, Institute's name, and contact number.
- ✓ Poster should be an original work of participant.
- ✓ Decision of jury will be considered final.
- ✓ Eligibility Criteria: Students of University of Health Sciences, Lahore & all affiliated Medical & Dental Colleges.

How to Submit your poster?

Take a Picture (High Resolution JPG or PDF) of your poster and email at beh.sciences@uhs.edu.pk or WhatsApp 0300-0425708 by **8th October 2021. 5:00 pm.**

**There will be an award for the best three posters
Certificate of participation for all**