



## UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on **Wednesday, 7<sup>th</sup> September 2022** at **10:00 a.m.** in University of Health Sciences, Lahore.

### **AGENDA**

<b>Sr. #</b>	<b>Name of Candidate / Specialty</b>	<b>Supervisor</b>	<b>Title</b>
1.	<b>Dr. Muhammad Asif Mumtaz</b>	<b>Dr. Naima Luqman</b> Associate Professor of Dermatology Quaid-e-Azam Medical College/ Bahawal Victoria Hospital, Bahawalpur	Comparison of treatment outcome of topical minoxidil 5% and intralesional Platelet Rich Plasma (PRP) in the treatment of androgenetic alopecia
2.	<b>Dr. Humna Khalid</b>		Comparison of effectiveness of 0.1% topical adapalene gel versus cryotherapy in the treatment of plantar warts
3.	<b>Dr. Atif Manzoor</b>		Comparison of therapeutic response of platelet-rich plasma (PRP) and intralesional triamcinolone acetonide in the treatment of alopecia areata
4.	<b>Dr. Muhammad Usman (Revised)</b>	<b>Dr. Muhammad Arif Maan</b> Assistant Professor of Dermatology Faisalabad Medical University/Allied Hospital, Faisalabad	Comparison of efficacy and safety of 40% glycolic acid peel versus 30% salicylic acid peel in treatment of epidermal melasma
5.	<b>Dr. Asad Saleem (Revised)</b>		Comparison of efficacy and safety of topical ivermectin 0.5% cream versus topical permethrin 5% cream in treatment of scabies
6.	<b>Dr. Muhammad Kashif</b>	<b>Prof. Safoora Aamir</b> Professor of Dermatology Shaikh Zayed Postgraduate Medical Institute/Shaikh Zayed Hospital, Lahore	Effectiveness of intralesional vitamin D3 in the treatment of palmoplantar warts
7.	<b>Dr. Ayesha Akram</b>		Effectiveness of topical 5% tranexamic acid cream for management of melasma with sun screen vs only sun screen
8.	<b>Dr. Anum Khadeejah</b>	<b>Prof. Tariq Rashid</b> Professor of Dermatology Allama Iqbal Medical college/Jinnah Hospital, Lahore	Outcome of platelet-rich plasma injections in the treatment of periorbital hyper-pigmentation



# UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on **Friday, 13<sup>th</sup> May 2022** at **10:00 a.m.** in University of Health Sciences, Lahore.

## **AGENDA**

<b>Sr. #</b>	<b>Name of Candidate / Specialty</b>	<b>Supervisor</b>	<b>Title</b>
	<b>Dr. Muhammad Ayyaz Rasool (Revised)</b>	<b>Prof. Safoora Aamir</b> Professor of Dermatology Shaikh Zayed Postgraduate Medical Institute/Shaikh Zayed Hospital, Lahore	Comparison of efficacy and safety of intraresional calcium channel blocker (verapamil) versus intralesional triamcinolone injection in the treatment of keloids
2.	<b>Dr. Saima Khaliq (Revised)</b>	<b>Prof. Tariq Rashid</b> Professor of Dermatology Allama Iqbal Medical college/Jinnah Hospital, Lahore	Comparison of pre and post treatment modified MASI scores of melasma by intradermal autologous platelet rich plasma PRP injection
3.	<b>Dr. Muhammad Mohsin Sajjad (Revised)</b>	<b>Dr. Naima Luqman</b> Associate Professor of Dermatology	Study of Safety and efficacy of auto-Wart Inoculation Therapy in Multiple and recurrent verruca vulgaris
4.	<b>Dr. Muhammad Murtaza (Revised)</b>	Quaid-e-Azam Medical College/ Bahawal Victoria Hospital, Bahawalpur	Comparative evaluation of safety and efficacy of voriconazole versus terbinafine in the treatment of tinea corporis
5.	<b>Dr. Muhammad Omer Altaf</b>	<b>Dr. Kehkshan Tahir</b> Associate Professor of Dermatology Postgraduate Medical Institute/Lahore General Hospital, Lahore	Comparison of efficacy and safety of micro needling combined with platelet rich plasma vs micro needling alone in the treatment of facial atrophic acne scars
6.	<b>Dr. Aitisam Waheed</b>		Comparison of efficacy & safety between salicylic acid dressing and intralesional bleomycin in treatment of palmoplantar warts
7.	<b>Dr. Naila Nasim</b>	<b>Prof. Shahbaz Aman</b> Head Of Dermatology Department Services Institute Of Medical Sciences/Services Hospital, Lahore	Comparison of the efficacy of 4% hydroquinone cream versus 40% glycolic acid chemical peel in treatment of epidermal melasma



# UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on **Friday, 17<sup>th</sup> December 2021** at **10:00 a.m.** in University of Health Sciences, Lahore.

## **AGENDA**

<b>Sr. #</b>	<b>Name of Candidate / Specialty</b>	<b>Supervisor</b>	<b>Title</b>
	<b>Dr. Safa</b>	<b>Prof. Zahida Rani</b> Professor of Dermatology Khawaja Muhammad Safdar Medical College/ Allama Iqbal Memorial Teaching Hospital, Sialkot	A comparative study: efficacy of combined derma-roller (micro- needling) and platelet rich plasma therapy versus derma- roller (micro-needling) alone in atrophic acne scars
2.	<b>Dr. Muhammad Usman</b>	<b>Dr. Muhammad Arif Maan</b> Assistant Professor of Dermatology	A comparative study to evaluate the efficacy of 50% glycolic acid peel and 30% salicylic acid peel in patients of melasma
3.	<b>Dr. Asad Saleem</b>	Faisalabad Medical University/ Allied Hospital, Faisalabad	Comparative efficacy of topical permethrin and crotamiton in treatment of scabies
4.	<b>Dr. Muhammad Ayyaz Rasool</b>	<b>Prof. Safoora Aamir</b> Professor of Dermatology Shaikh Zayed Postgraduate Medical Institute/Shaikh Zayed Hospital, Lahore	Comparison of efficacy and safety of intralesional calcium channel blocker versus intralesional triamcinolone injection in the treatment of keloids: a randomized controlled trial
5.	<b>Dr. Munazza Riaz</b>		Comparison of efficacy and safety of intralesional triamcinolone acetonide alone versus intralesional triamcinolone acetonide with PRP in the treatment of keloids
6.	<b>Dr. Mehwish Rasheed</b>	<b>Dr. Kehkshan Tahir</b> Associate Professor of Dermatology Postgraduate Medical Institute/ Lahore General Hospital, Lahore	Comparison of efficacy and safety of fractional carbon dioxide laser combined with platelet rich plasma vs fractional carbon dioxide laser alone in the treatment of facial atrophic acne scars
7.	<b>Dr. Khaula Tahir</b>		Comparison of efficacy and safety of topical tacrolimus vs topical triamcinolone acetonide in treatment of oral lichen planus



## UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on **Friday, 31<sup>st</sup> December 2021** at **09:30 a.m.** in University of Health Sciences, Lahore.

### **AGENDA**

<b>Sr. #</b>	<b>Name of Candidate / Specialty</b>	<b>Supervisor</b>	<b>Title</b>
	<b>Dr. Muhammad Kashif</b>	<b>Prof. Safoora Aamir</b> Professor of Dermatology Shaikh Zayed Postgraduate Medical Institute/Shaikh Zayed Hospital, Lahore	Effectiveness of intralesional vitamin D3 in the treatment of palmoplantar warts
2.	<b>Dr. Muhammad Murtaza</b>	<b>Prof. Jamil Ahmad Shaheen</b> Professor of Dermatology Quaid-e-Azam Medical College/ Bahawal Victoria Hospital, Bahawalpur	Comparative evaluation of efficacy of voriconazole versus terbinafine in the treatment of tinea corporis
3.	<b>Dr. Muhammad Mohsin Sajjad</b>		Study of safety and effectiveness of autoinoculation therapy in cutaneous warts
4.	<b>Dr. Khadija Ghulam Hussain</b>		A comparative study: Efficacy of intralesional 5-flurouracil versus intralesional bleomycin in treatment of viral warts
5.	<b>Dr. Alina Amjad</b>	<b>Prof. Zahida Rani</b> Professor of Dermatology Khawaja Muhammad Safdar Medical College/ Allama Iqbal Memorial Teaching Hospital, Sialkot	Comparison of topical intralesional triamcinolone acetonide and liquid nitrogen cryotherapy in treatment of alopecia areata
6.	<b>Dr. Faryal Naveed</b>		Comparison of efficacy of intralesional steroids with carbon dioxide laser therapy versus intralesional steroids with cryotherapy in treatment of keloids



## **UNIVERSITY OF HEALTH SCIENCES, LAHORE**

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on **Thursday, 19<sup>th</sup> October 2023** at **10:00 a.m.** in University of Health Sciences, Lahore.

<b>Sr. #</b>	<b>Name of Candidate / Specialty</b>	<b>Supervisor</b>	<b>Title</b>
1.	<b>Dr. Somia Shoukat (2021-22)</b>	<b>Dr. Zahid Rafiq</b> Assistant Professor of Dermatology Sahiwal Medical College, Sahiwal	Efficacy of nanofat injections in atrophic acne scars
2.	<b>Dr. Safa (Revised) (2017-18)</b>		To compare the outcome of combined micro-needling with dermapen and platelet rich plasma therapy versus micro-needling with dermapen alone in atrophic acne scars
3.	<b>Dr. Alina Amjad (Revised) (2019-20)</b>	<b>Prof. Zahida Rani</b> Professor of Dermatology Khawaja Muhammad Safdar Medical College, Sialkot	Comparative study between outcome of intralesional triamcinolone acetonide and liquid nitrogen cryotherapy in treatment of alopecia areata
4.	<b>Dr. Khadija Gullam Hussain (Revised) (2018-19)</b>		A comparative study: safety and efficacy of intralesional 5-fluorouracil versus intralesional bleomycin in the treatment of viral warts
5.	<b>Dr. Faryal Naveed (Revised) (2018-19)</b>		Comparison of efficacy and safety of intralesional triamcinolone and verapamil combination versus intralesional triamcinolone alone in treatment of keloids
6.	<b>Dr. Abrar Ul Haq (2019-20)</b>	<b>Prof. Faria Asad</b> Professor & Head Department of Dermatology Services Institute of Medical Sciences, Lahore	Comparison of efficacy and safety of intralesional injections of vitamin D3 versus 2% zinc sulfate solution in the treatment of palmoplantar warts
7.	<b>Dr. Khaulia Tahir (Revised) (2018-19)</b>	<b>Dr. Kehkshan Tahir</b> Associate Professor of Dermatology Postgraduate Medical Institute Lahore	Intralesional cryotherapy vs conventional cryotherapy for keloids
8.	<b>Dr. Sidra Ashiq (2018-19)</b>	<b>Prof. Safoora Aamir</b> Professor of Dermatology Shaikh Zayed Postgraduate Medical Institute, Lahore	Study of effectiveness of platelet rich plasma therapy on infraorbital dark circles



## **UNIVERSITY OF HEALTH SCIENCES, LAHORE**

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on **Thursday, 23<sup>rd</sup> November 2023** at **10:00 a.m.** in University of Health Sciences, Lahore.

### **AGENDA**

<b>Sr. #</b>	<b>Name of Candidate</b>	<b>Supervisor</b>	<b>Date of Submission</b>	<b>Title</b>
	<b>Dr. Amber Nayab</b>	<b>Dr. Nabeela Shahzadi</b> Assistant Professor of Dermatology Gujranwala Medical College, Gujranwala	26-Jan-2023	Comparison of pre and post treatment sinclair scores of femal pattern hair loss by treatment with oral spironolactone
2.	<b>Dr. Muhammad Nawaz</b>	<b>Dr. Zahid Rafiq</b> Assistant Professor of Dermatology Sahiwal Medical College, Sahiwal	06-03-2023	Compariosn of efficacy of intense pulsed light and topical eflornithine therapy with intense pulsed light therapy alone for hirsutism
3.	<b>Dr. Muhammad Ans</b>	<b>Dr. Naima Luqman</b> Associate Professor of Dermatology Quaid-e-Azam Medical College, Bahawalpur	03-02-2023	Comparison of outcomes of oral apremilast versus oral acitretin in treatment of moderate to severe plaque psoriasis
4.	<b>Dr. Nimra Mustafa</b>	<b>Prof. Dr. Lamees Mahmood Malik</b> Professor of Dermatology Allama Iqbal Medical College, Lahore	16-05-2023	Comparison of effectiveness of oral minoccidil versus topical minoxidil for the treatment of male androgenetic alopecia
5.	<b>Dr. Bilal Mustafa</b>	<b>Prof. Aneela Asghar</b> Professor of Dermatology Postgraduate Medical Institute Lahore	28-08-2023	Comparison of efficacy and safety of intralesional acyclovir and cryotherapy in the treatment of palmoplantar warts
6.	<b>Dr. Ayesha Waheed</b>	<b>Dr. Kehkshan Tahir</b> Associate Professor of Dermatology Postgraduate Medical Institute Lahore	05-01-2023	Comparison of efficacy and safety of narrowband UVB with 0.1% tacrolimus vs narrowband uvb with 0.005% calcipotriol in treatment of vitiligo
7.	<b>Dr. Amber Yasmin</b>	<b>Prof. Safoora Aamir</b> Professor of Dermatology Shaikh Zayed Postgraduate Medical Institute, Lahore	06-03-2023	Isotretinoin pulse therapy versus standard daily dosage in moderate to severe acne vulgaris; A hospital based comparative study
8.	<b>Dr. Sara Saeed</b>	<b>Prof. Faria Asad</b> Professor & Head Department of Dermatology Services Institute of Medical Sciences, Lahore	16-03-2023	Comparison of efficacy of topical (0.2%) hyaluronic acid versus topical (0.1%) tacrolimus in oral lichen planus
9.	<b>Dr. Nalila Nasim</b>	<b>Dr. Saelah Batool</b> Associate Professor of Dermatology Services Institute of Medical Sciences, Lahore	28-09-2023	Comparison of efficacy and safety of apremilast versus methotrexate in treatment of patients with moderate to severe chronic plaque psoriasis



## UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses  
to be held on Thursday, 18<sup>th</sup> July 2024 at 09:30 a.m. in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Submission Date	Title
1.	Dr. Hafiza Ameema Saleem 2022-23	Dr. Saelah Batool Associate Professor of Dermatology Services Institute of Medical Sciences, Lahore	8-Jan-24 Count: 1	Efficacy and safety of fractional carbon dioxide laser with platelet rich plasma versus fractional carbon dioxide laser alone in the treatment of striae distensae
2.	Dr. Sidra Ashiq 2018-19	Prof. Dr. Safoora AAmir Head, Department of Dermatology Sheikh Zayed Federal Postgraduate Medical Institute, Lahore	16-Feb-24 Count: 1	Study of effectiveness of platelet rich plasma therapy on infraorbital dark circles
3.	Dr. Muhammad Zubair 2020-21	Dr. Naima Luqman Associate Professor of Dermatology Quaid-e-Azam Medical College, Bahawalpur	16-Feb-24 Count: 1	Comparison of the efficacy of conventional versus intermittent dose oral isotretinoin therapy in treatment of moderate to severe acne vulgaris
4.	Dr. Safia Aslam 2022-23	Dr. Naima Luqman Associate Professor of Dermatology Quaid-e-Azam Medical College, Bahawalpur	6-May-24 Count: 1	Comparison of the efficacy of doxycycline with and without montelukast in the treatment of moderate acne vulgaris
5.	Dr. Humna Khalid 2020-21	Dr. Naima Luqman Associate Professor of Dermatology Quaid-e-Azam Medical College, Bahawalpur	20-May-24 Count: 1	Comparison of efficacy & safety of micro needling along with topical bimatoprost 0.03% versus micro needling alone in treatment of alopecia areata
6.	Dr. Hina Shahid 2022-23	Dr. Zahid Rafiq Assistant Professor of Dermatology Sahiwal Medical Colleges, Sahiwal	24-May-24 Count: 1	Comparison of efficacy of nanofat injections with fractional CO <sub>2</sub> laser in atrophic acne scars
7.	Dr. Afzal Husain 2021-22	Prof. Dr. Faria Altaf Professor of Dermatology Services Institute of Medical Sciences, Lahore	4-Jun-24 Count: 1	Comparison of efficacy and safety of methotrexate versus tofacitinib in the treatment of chronic plaque psoriasis



## UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on Tuesday, 13<sup>th</sup> May 2025 at 10:00 a.m. in University of Health Sciences, Lahore.

Sr. #	Name of Candidate	Supervisor	Submission Date	Title
1.	Dr. Amina Safdar 2020-21	Prof. Dr. Lamees Mahmood Malik Professor of Dermatology, Allama Iqbal Medical College, Lahore	15-Feb-24 Count-1	Comparison of low fluence 1064-NM Q-switched ND:YAG laser with or without using jessner peeling in melasma patients
2.	Dr. Humna Babar 2021-22		9-Jul-24 Count-1	Comparison of the therapeutic efficacy of topical tranexamic acid 5% versus topical hydroquinone 4 % in the treatment of melasma
3.	Dr. Fatima Saleem 2023-24	Dr. Zahid Rafiq Assistant Professor of Dermatology, Sahiwal Medical College, Sahiwal	31-Oct-24 Count-1	Comparison of efficacy of micro needling with fractional Co2 laser in atrophic acne scars
4.	Dr. Iqra Javed 2022-23	Dr. Nabeela Shahzadi Assistant Professor of Dermatology, Gujranwala Medical College, Gujranwala	13-Dec-24 Count-1	Comparison of efficacy and safety of intralesional bleomycin versus cryotherapy for the clearance of palmoplantar warts
5.	Dr. Sidra Ashiq 2018-19	Prof. Dr. Safoora Aamir Professor of Dermatology, Federal Postgraduate Medical Institute, Lahore	10-Feb-25 Count-1	Efficacy and safety of Bio filler versus platelet-rich plasma in periorbital rejuvenation: A comparative split- face study

Sr. #	Name of Candidate	Supervisor	Title
1.	Dr. Amber Nayab	Dr. Nabeela Shahzadi Assistant Professor of Dermatology Gujranwala Medical College, Gujranwala	Comparison of pre and post treatment sinclair scores of femal pattern hair loss by treatment with oral spironolactone
2.	Dr. Muhammad Nawaz	Dr. Zahid Rafiq Assistant Professor of Dermatology Sahiwal Medical College, Sahiwal	Compariosn of efficacy of intense pulsed light and topical eflornithine therapy with intense pulsed light therapy alone for hirsutism
3.	Dr. Muhammad Ans	Dr. Naima Luqman Associate Professor of Dermatology Quaid-e-Azam Medical College, Bahawalpur	Comparison of outcomes of oral apremilast versus oral acitretin in treatment of moderate to severe plaque psoriasis
4.	Dr. Nimra Mustafa	Prof. Dr. Lamees Mahmood Malik Professor of Dermatology Allama Iqbal Medical College, Lahore	Comparison of effectiveness of oral minoccidil versus topical minoxidil for the treatment of male androgenetic alopecia
5.	Dr. Bilal Mustafa	Prof. Aneela Asghar Professor of Dermatology Postgraduate Medical Institute Lahore	Comparison of efficacy and safety of intralesional acyclovir and cryotherapy in the treatment of palmoplantar warts

6.	Dr. Ayesha Waheed	Dr. Kehkshan Tahir Associate Professor of Dermatology Postgraduate Medical Institute Lahore	Comparison of efficacy and safety of narrowband UVB with 0.1% tacrolimus vs narrowband uvb with 0.005% calcipotriol in treatment of vitiligo
7.	Dr. Amber Yasmin	Prof. Safoora Aamir Professor of Dermatology Shaikh Zayed Postgraduate Medical Institute, Lahore	Isotretinoin pulse therapy versus standard daily dosage in moderate to severe acne vulgaris; A hospital based comparative study
8.	Dr. Sara Saeed	Prof. Faria Asad Professor & Head Department of Dermatology Services Institute of Medical Sciences, Lahore	Comparison of efficacy of topical (0.2%) hyaluronic acid versus topical (0.1%) tacrolimus in oral lichen planus
9.	Dr. Nalila Nasim	Dr. Saelah Batool Associate Professor of Dermatology Services Institute of Medical Sciences, Lahore	Comparison of efficacy and safety of apremilast versus methotrexate in treatment of patients with moderate to severe chronic plaque psoriasis
10.	Dr. Sidrah Aashiq	Dr. Safoora Aamir Prof & Head off Dermatology, Sheih Zayed Medical College, Lahore	Study of effectiveness of platelet rich plasma therapy on infraraorbital dark circles



## UNIVERSITY OF HEALTH SCIENCES, LAHORE

Agenda of the Meeting of Speciality Advisory Committee in Dermatology for review of MD synopses to be held on Tuesday, 11<sup>th</sup> November 2025 at 10:00 a.m. in University of Health Sciences, Lahore.

### **AGENDA**

Sr. #	Name of Candidate	Supervisor	Submission Date	Title
1.	Dr. Faisal Hayat Khan 2019-20	Dr. Zahid Rafiq Assistant Professor of Dermatology Sahiwal Medical College, Sahiwal	2-May-25 Count: 1	Comparison of efficacy of low-dose oral minoxidil combined with platelet-rich plasma (PRP) therapy versus low-dose oral minoxidil alone in the treatment of androgenic alopecia in males
2.	Dr. Kanza 2023-24	Prof. Dr. Faria Asad Professor of Dermatology Services Institute of Medical Sciences, Lahore	14-Jul-25 Count: 1	Comparison of effectiveness and safety of intralesional triamcinolone acetonide versus intralesional methotrexate in localised plaque psoriasis
3.	Dr. Aneeqa Zulfiqar 2023-24	Dr. Zareen Saqib Sulteri Assistant Professor of Dermatology Khawaja Muhammad Safdar Medical College, Sialkot	9-Sep-25 Count: 1	Efficacy and safety of spironolactone compared with doxycycline in moderate acne in adult females
4.	Dr. Azka Anser 2022-23	Dr. Shaiqa Ali Senior Registrar, Department of Dermatology Postgraduate Medical Institute, Lahore	5-Sep-25 Count: 1	Comparison of efficacy and safety of autologous nanofat vs fractional CO <sub>2</sub> laser on atrophic acne scars
5.	Dr. Muazzam 2022-23	Prof. Dr. Atif Shehzad Professor of Dermatology Postgraduate Medical Institute, Lahore	10-Sep-25 Count: 1	Comparison of efficacy and safety of methotrexate vs combination of methotrexate and apremilast in chronic plaque psoriasis
6.	Dr. Humna Babar 2023-24	Prof. Dr. Lamees Mahmood Malik Professor of Medicine Allama Iqbal Medical College, Lahore	22-Sep-25 Count: 1	Comparison of the therapeutic efficacy of topical tranexamic acid 5% versus topical tranexamic acid 10% in the treatment of melasma

#### **Note:**

*All proposed Supervisors who do not have Supervisory Certificate as per UHS eligibility criteria are requested to complete their deficiencies mandatorily within **six months**, failure of which may lead to deferral of synopsis of their candidate(s) in the subsequent submission.*