

# RESEARCH AND DEVELOPMENT CENTRE

## University of Health Sciences, Lhr.



**Patron in Chief**

**Prof. Dr. Ahsan Waheed  
Rathore,  
Vice Chancellor, UHS**



# HEALTH IMPACT OF EDIBLE OILS IN PAKISTAN- GIMMICKRY OR REALITY?

**Venue:**  
**Senate Hall, UHS  
City Campus**



**Speaker**

**Hafiz Saad Bin Mustafa**

Oil Seed Scientist,  
Directorate of Oil Seeds,  
Ayub Agriculture University,  
Faisalabad, Pk.

## Highlights

- Insight into the quality of edible oils in Pakistan
- Impact of edible oils on health
- Recommended essential fatty acids
- Oils/ghee and their judicious use
- Domestic extraction and refining of edible oils
- Possible research ideas on health and oils

For free registration click below or  
email at [r-d@uhs.edu.pk](mailto:r-d@uhs.edu.pk)

**REGISTER  
NOW!**

**Wednesday, July 5<sup>th</sup>, 2023  
11:00 am**

**Organized by R&D Centre, UHS**

Information or queries?  
[r-d@uhs.edu.pk](mailto:r-d@uhs.edu.pk)