



# UNIVERSITY OF HEALTH SCIENCES LAHORE

## Department Behavioural Sciences

Khayaban-e-Jamia Punjab, Lahore – 54600, Pakistan Website: www.uhs.edu.pk  
Ph: 99231304-9 Fax: 9230870 UAN: 111 33 33 66


### TABLE OF SPECIFICATION (Paper A)

TOPICS	MCQS	SEQs
<b>INTRODUCTION TO BS</b> <ul style="list-style-type: none"><li>• Introduction to Behavioural Sciences</li><li>• Scope of Behavioural Sciences</li><li>• Importance of Behavioural Sciences in health</li><li>• Traditional vs. Holistic medicine</li><li>• Bio-psycho-social model of health care</li><li>• Correlation of brain, mind and Behavioural Sciences</li><li>• Desirable attitudes in health professionals</li></ul>	10	1
<b>HUMAN DEVELOPMENT</b> <ul style="list-style-type: none"><li>• Child development</li><li>• Psychodynamic theories of child development</li><li>• Defence Mechanisms</li><li>• Cognitive theories of child development</li><li>• Ageing</li><li>• Death &amp; Dying</li></ul>	15	1
<b>PSYCHOBIOLOGY OF BEHAVIOUR</b> <ul style="list-style-type: none"><li>• Neural fundamentals of behaviour</li><li>• Functional Neuroanatomy of Brain</li><li>• Neurobiology of sex and gender and preferences</li><li>• Sleep and consciousness</li></ul>	15	1
<b>COMMUNICATION</b> <ul style="list-style-type: none"><li>• Introduction to communication</li><li>• Building a relationship</li><li>• Collecting information</li><li>• Providing information</li><li>• Use of non-pharmacological interventions in clinical practice</li><li>• Counselling</li><li>• Informational care</li><li>• Breaking bad news</li><li>• Dealing with psychological distress</li><li>• Crisis intervention</li><li>• Disaster management</li><li>• Conflict resolution</li></ul>	15	2

<b>Doctor Patient Relationship</b> <ul style="list-style-type: none"> <li>• Models of doctor patient relationship</li> <li>• Transference</li> <li>• Counter transference</li> <li>• Resistance</li> </ul>	10	1
<b>MEDICAL ETHICS</b> <ul style="list-style-type: none"> <li>• Introduction to medical ethics</li> <li>• Principles of medical ethics</li> <li>• Hippocratic oath</li> <li>• Ethical analysis in clinical work</li> <li>• Duties and responsibilities of doctors</li> <li>• Rights and responsibilities of patients</li> <li>• Confidentiality</li> <li>• Informed consent</li> <li>• Ethical dilemmas in a doctor's life</li> </ul>	15	1
<b>Total</b>	<b>80</b>	<b>07</b>

MCQ's = 80                      Total Marks = 80  
 SEQ's = 7                        Total Marks = 70  
**Total Marks of the Paper                      = 150**

Time = 90 Minutes  
 Time = 90 Minutes  
**Total Time = 3 Hours**

  
**Dr. Muhammad Mujtaba**  
 Head, Department of  
 Behavioural Sciences  
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 Sciences Lahore.



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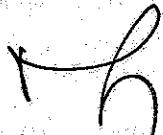
### TABLE OF SPECIFICATION (PAPER B)

Topics	MCQs	SEQs
<b>Medical psychology</b> <ul style="list-style-type: none"><li>• Learning and conditioning</li><li>• Sensations and sense organs</li><li>• Perception</li><li>• Attention and concentration</li><li>• Memory</li><li>• Thinking</li><li>• Emotions</li><li>• Motivation</li><li>• Intelligence</li><li>• Stress and its management</li><li>• Social Psychology</li></ul>	15	2
<b>Social Patterning Of Health</b> <ul style="list-style-type: none"><li>• Social Class</li><li>• Gender</li><li>• Ethnicity</li><li>• Age</li><li>• Place</li><li>• Social support</li><li>• Life events</li></ul>	15	1
<b>Experience Of Health</b> <ul style="list-style-type: none"><li>• Medicalization</li><li>• Illness behaviour</li><li>• Stigma</li><li>• Embodiment</li><li>• Chronic illness</li><li>• Disability</li><li>• Illness narratives</li><li>• Sick role</li><li>• Compliance and concordance</li><li>• Quality of life</li><li>• Dying trajectories</li></ul>	15	1

<p><b>Psycho-social aspects of physical illness</b></p> <ul style="list-style-type: none"> <li>• Psycho-social aspects of health</li> <li>• Psycho-social aspects of disease</li> <li>• Behavioural influences on physical health</li> <li>• Reaction of the patient towards illness and hospitalisation</li> <li>• Psycho-social aspects of coronary artery disease</li> <li>• Psycho-social aspects in special hospital settings             <ol style="list-style-type: none"> <li>1. Coronary care unit</li> <li>2. Intensive care unit</li> <li>3. Emergency department</li> <li>4. Dialysis unit</li> <li>5. Reproductive health</li> <li>6. Paediatric ward</li> <li>7. Cancer ward</li> <li>8. Operating theatres</li> <li>9. Pain</li> </ol> </li> </ul>	15	1
<p><b>Psychiatric Illnesses</b></p> <ul style="list-style-type: none"> <li>• Depression</li> <li>• Panic Disorder</li> <li>• Generalized Anxiety Disorder</li> <li>• Burn-Out</li> <li>• Alexithymia</li> <li>• Somatization Disorder</li> <li>• Delirium</li> <li>• Deliberate Self Harm</li> <li>• Suicide</li> <li>• Post-Traumatic Stress Disorder &amp; Post Traumatic Growth</li> <li>• Postpartum Blues, depression &amp; Psychosis</li> </ul>	20	2
<b>Total</b>	<b>80</b>	<b>07</b>

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