Caricature

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The professional behavior of physicians and medical students has received and continues to be a focus of increasing attention from medical school educators, the general community of medicine, and society at large

Physicians are expected to act in a respectful, courteous and civil manner towards their patients, colleagues and others involved in the provision of health care. Doing so fosters an atmosphere of trust, shared accountability and collaboration, and is an essential component to upholding the values and principles of medical professionalism. Conversely, behavior that is unprofessional and/or disruptive undermines medical professionalism and the trust of the public.

The American Medical Association (AMA) defines disruptive behavior as "a style of interaction with physicians, hospital personnel, patients, family members, and others that interferes with patient car." Some examples of disruptive behavior are: sexual harassment, racial or ethnic slurs, and intimidation, and abusive language, persistent lateness in responding to calls, intimidating or threatening physical contact, and public derogatory comments about other staff or quality of care, inappropriate medical record entries and inadequate documentation

Significant consequences exist because of disruptive behaviors. These include detrimental effects on physician well-being and professional stature, patient care outcomes, the working environment for the healthcare team, and nursing retention.

Professionalism is very important in medical profession. There are certain rules and regulations that a person should follow as a medical professional. Certain points to consider are:

To be kind and courteous to the patients

To empathize with the patient

To help them in the hour of need

Not to laugh at them

To maintain the hygienic practices

Apart from being "professional" in your job, our religion Islam also focuses on these teachings. Islam teaches us to be kind and courteous to the patients, to empathize with them. Islam teaches us to help people in the hour of need and orders us not to laugh at people who are in pain. Islam focuses a lot on the hygienic practices. In Quran it is penned down that "Cleanliness is half of your deen". We can clearly see from Hazrat Muhammad (S.A.W) teaches that it is obligatory to wash your hands before eating. . All teachings of Islam has some scientific benefits that the medical professionals and scientists are discovering now. E.g. if we don't wash our hands before eating we can get ill. Muslims nowadays only follow the teaching of Islam in the month of Ramadan. Muslims try to obey all the teachings only in this holy month. This way of living is wrong. A person should remain professional throughout the year. Islam teaches us to be professional at every step of our life and same goes for the medical education. Medical education focuses on being professional at every step.

It is therefore an hour of need to teach professionalism at the student level in medical institutes so that practitioners avoid disruptive behaviors when dealing with the patients. One study found physicians who were disciplined by state medical educators about professionalism were three times less likely to have displayed unprofessional behavior in the clinical setting.