Monthly

UHS NEWS

UNIVERSITY OF HEALTH SCIENCES LAHORE

October 2026



UHS, RGU move towards formal academic partnership

Oct 6: The University of Health Sciences (UHS) Lahore and Robert Gordon University (RGU), Scotland, are moving towards a formal academic partnership to strengthen healthcare education, research, faculty development and international academic mobility.

The development followed a high-level meeting at UHS between Vice Chancellor Maj Gen (retd) Prof Sohail Sabir and an RGU delegation led by Dr Julie Jones, Associate Dean, School of Health Sciences, and Mr Hassan Latif Khan, Regional Lead for Pakistan and Central Asia.

Prof Sohail Sabir stressed that the collaboration should translate into practical opportunities for students, faculty and researchers. He proposed joint international conferences, a Master Trainers Programme to train UHS faculty in modern teaching, assessment and simulation-based

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Top News

UHS strengthens oversight of postgraduate research

MBBS, BDS exam calendars approved for 2026

2,131 candidates pass UHS postgraduate entrance test





Teachers' Day Celebrated at UHS

Oct 05: The University of Health Sciences observed World Teachers' Day with a meeting focused on strengthening the University's academic and research culture.

During the meeting, the Task Force on Academic and Research Standards presented its recommendations for academic excellence, research activities, postgraduate education and scholarly engagement at UHS. The proposed plan includes practical, time-bound measures covering research funding, academic policies, faculty support, postgraduate programmes, infrastructure and stronger accountability mechanisms.

The meeting was chaired by the Vice Chancellor UHS, Maj Gen (retd) Prof Sohail Sabir, with faculty members and senior officials of the University present. The Vice Chancellor appreciated the efforts of the faculty and emphasized the importance of strengthening teaching, research and academic standards at the University.

Following the meeting, the faculty joined the Vice Chancellor in celebrating World Teachers' Day, where a cake was cut to acknowledge the dedication, commitment and contribution of teachers towards educating and shaping future generations of healthcare professionals.

UHS pays tribute to its teachers, whose knowledge, mentorship and commitment remain at the heart of excellence in healthcare education.

Synopsis review meeting held for MD Endocrinology

Oct 27: The University of Health Sciences (UHS) held a Level III MD Endocrinology Synopsis Review Meeting under the chairpersonship of Prof. Khadija Irfan Khawaja from Services Institute of Medical Sciences Lahore.

The meeting was attended by Prof. Fawad Randhawa from AIMC, Prof. Imran Hassan Khan from KEMU, Dr. Amna Rizwi, SIMS, Dr. Amena Moazzam Baig Mirza from AIMC, and Dr. Sadia Salman from FJMU.

During the meeting, the research synopsis of a postgraduate trainee enrolled in the Level III MD Endocrinology programme was presented and reviewed by the expert panel. The faculty offered valuable academic input and constructive recommendations to strengthen the research proposal, improve its scientific rigour, and ensure compliance with postgraduate research standards.



2,131 candidates pass UHS postgraduate entrance test

October 29: The University of Health Sciences (UHS) has announced the result of the Postgraduate Entrance Test (PGET) 2026, with 2,131 of the 8,271 candidates who appeared in the examination declared successful.

The test was conducted on October 25 simultaneously in Lahore, Rawalpindi, Faisalabad and Multan. A total of 9,008 candidates had registered for the examination, including 4,579 women and 4,429 men. Lahore recorded the highest participation with 4,107 candidates, followed by Multan with 2,353, Rawalpindi with 1,516 and Faisalabad with 1,032.

The examination comprised two papers, conducted from 10am to 2:30pm, with a 30-minute break between them. Candidates and their parents expressed satisfaction with the examination arrangements.

UHS Vice Chancellor Maj Gen (retd) Prof Sohail Sabir visited the examination centre at Punjab University's Examination Halls on Wahdat Road, Lahore, accompanied by King Edward Medical University Vice Chancellor Prof Mahmood Ayyaz. UHS Controller of Examinations Dr Muhammad

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Reference No. UHS/TS/395/26
Dated: 29-10-2026

RESULT NOTIFICATION
Postgraduate Entrance Test (PGET-2026)

The Result of **PGET-2026** held on **25th October 2026**, is declared on **29th October 2026**, as per the Notification No. SO(ME-I) 7-1/2026 (Level-III PRP) dated 9th July 2026, Specialized Healthcare & Medical Education Department, Govt. of the Punjab, is as under: -

Sr. No.	Discipline	Total Candidates	No. of Pass Candidates
1	Medicine & Allied	2939	744
2	Surgery & Allied Group I	959	248
3	Surgery & Allied Group II	1031	274
4	Anaesthesia	338	86
5	Obs. & Gynae.	1136	287
6	Ophthalmology	189	51
7	Otorhinolaryngology (ENT)	197	51
8	Pathology	114	29
9	Paediatric Medicine	485	126
10	Psychiatry	186	52
11	Radiology	411	108
12	Operative Dentistry	64	18
13	Oral Surgery	120	30
14	Orthodontics	62	16
15	Periodontology	14	4
16	Prosthodontics	26	7
	Grand Total	8271	2131

Note: Errors and omissions are excepted as a notice only. An entry appearing in it does not in itself confer any right or privilege independently to the grant of a proper Certificate/ Degree/ Diploma, which will be issued under the regulation in due course of time.

Vice Chancellor
University Of Health Sciences, Lahore.

Abbas was also present.

Comprehensive security and administrative arrangements were made at all four centres. Police, NADRA, Civil Defence, Rescue 1122, WASA and health department officials assisted in ensuring the smooth conduct of the examination. Medical camps were established at the venues, while officials of the Specialised Healthcare and Medical Education Department and district administrations monitored the process. Candidates were

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UHS syndicate approves five new PhD programs, postgraduate curriculum reforms

October 27: The University of Health Sciences (UHS) Syndicate has approved a package of academic reforms, including five new PhD programmes, revised postgraduate curricula and changes to undergraduate medical and allied health sciences education. It also reduced the minimum HSSC marks requirement for admission to four-year BS Allied Health Sciences programmes from 60 to 50 per cent in line with Higher Education Commission (HEC) policy.

The decisions were taken at the 96th meeting of the Syndicate, chaired by UHS Vice Chancellor Major General (retd) Prof Dr Sohail Sabir.

The newly approved PhD programmes will be offered in Nursing, Public Health, Pharmacy, Medical Laboratory Technology and Oral Biology.

The Syndicate also approved revised curricula for PhD Nursing, PhD Public Health, PhD Oral Biology and PhD Medical Education, besides the MS Stroke Intervention programme and revisions to the Master's in Health Professions Education (MHPE).

The meeting approved the establishment of a dedicated Department of Regenerative Medicine, with proposed MPhil and PhD programmes, to promote research in advanced biomedical sciences and regenerative technologies.

Under undergraduate reforms, the Syndicate approved increasing final-year MBBS Paediatrics assessment marks from 200 to 300, revising clinical rotations in Medicine and Surgery, and incorporating additional maternal and child health content and field visits into the integrated MBBS curriculum.

The reduction in the BS Allied Health Sciences admission threshold followed requests from affiliated colleges facing difficulties in attracting eligible students.



However, eligibility criteria for the five-year Doctor of Physical Therapy (DPT) and PharmD programmes will remain unchanged under relevant HEC and professional council guidelines.

The Syndicate also considered reforms to Allied Health Sciences curricula, integration of basic sciences into semester-based programmes and revision of the PharmD curriculum under the proposed PULSE framework.

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UHS begins MBBS, BDS admissions across Punjab for 2026-27, to fill 9,991 seats

October 29: The University of Health Sciences (UHS) Lahore has begun the admission process for MBBS and BDS programmes in public and private sector medical and dental colleges across Punjab for the academic session 2026-27. As the admitting university for the province, UHS will oversee admissions against a total of 9,991 seats in 74 institutions over the next four to five months.

The available seats include 4,151 MBBS and 340 BDS seats in 19 public sector medical and five dental colleges, respectively. The private sector has 4,400 MBBS seats in 33 medical colleges and 1,100 BDS seats in 17 dental colleges.

For public sector colleges, online MBBS applications opened on October 16 and will close on October 30, 2026. The first college-wise selection list will be announced on November 17. BDS applications will open on December 15 and close on December 30, with the first selection list scheduled for January 11, 2027.

In the private sector, MBBS applications opened on October 23 and will close on November 6. The first selection list will be issued on November 18. For BDS, applications will be received from December 18, 2026, to January 1, 2027, while the first selection list will be announced on January 13, 2027.

UHS Vice Chancellor Major General (Retd) Professor Sohail Sabir has held two consultative meetings to ensure smooth admissions. The first was held on October 19 with owners and principals of private medical and dental colleges, followed by a meeting with principals of public sector medical and dental colleges on October 25.

The meetings provided a platform to discuss the admission schedule, institutional responsibilities and coordination between UHS and the participating colleges. The Vice Chancellor emphasised the importance of a well-coordinated admission process, with all institutions playing an active role in facilitating applicants.





UHS marks World Anatomy Day with focus on Gen Z, AI and integrated anatomy education

Oct 15: The Department of Anatomy, University of Health Sciences (UHS), observed World Anatomy Day with a seminar exploring the role of artificial intelligence, digital innovation and changing learning preferences in shaping the future of anatomy education.

Moderated by Prof. Dr. Uruj Zehra, the seminar featured presentations by fourth-year MBBS students Javeria Zulfiqar Ahmed and Mahnoor Shakeel of Shalamar Medical and Dental College, Brigadier Prof. Khadija Qamar and Prof. Sarah Khalid.

The speakers discussed Generation Z's learning preferences, modern teaching methods, AI-assisted learning, 3D visualisation and digital resources, highlighting the need to make anatomy education more engaging, personalised and clinically relevant.

They emphasised that technology could enhance learning but could not replace critical thinking, hands-on experience and the expertise of anatomy teachers in preparing competent medical practitioners.

Addressing the seminar, UHS Vice Chancellor Major General (Retd) Professor Sohail Sabir said the growing influence of artificial intelligence in education could not be ignored. He stressed the need for educators to develop AI literacy and adapt to emerging technologies, observing that those who failed to acquire relevant skills risked being left behind.

The Vice Chancellor distributed shields and certificates among the speakers. The event concluded with a cake-cutting ceremony. The seminar emphasizeed integrating technological advancements with established teaching practices while preserving the fundamental principles of anatomical sciences.









UHS Researcher Among the World's Top 2% Scientists for 2026

Oct 12: Dr Mahmood Saba Choudhery of the Department of Human Genetics and Molecular Biology, University of Health Sciences (UHS), has been recognised among the World's Top 2% Scientists for 2026, according to TOPSCINET's single-year rankings based on Elsevier's Scopus data.

Dr Choudhery's research focuses on stem cell biology, regenerative medicine and genome editing, with particular emphasis on stem cell-based therapies, advanced gene-editing technologies, and tissue repair and regeneration.

According to TOPSCINET, he holds a global subfield rank of 3,696 in Biochemistry and Molecular Biology, reflecting the international reach of his research contributions.

UHS takes pride in this recognition, which highlights its commitment to research excellence, scientific innovation and advancements in biomedical sciences.

UHS promotes mental wellbeing on World Mental Health Day

Oct 10: UHS Department of Behavioural Sciences participated in World Mental Health Day celebrations at the Punjab Institute of Mental Health (PIMH), under the theme "Lived Experiences Heard: Real Voices, Real Change."

Prof. Dr. Nadia Naseem represented the UHS Vice Chancellor, Maj Gen (Retd) Prof. Sohail Sabir, at the event organised under the leadership of Prof. Dr. Aysha Rashid, Executive Director, PIMH.

Dr. Saqib Rabbani of the UHS Department of Behavioural Sciences presented an interactive stall featuring QR-based activities on personality, coping with stress, communication and personal values. The stall also introduced the UHS Behavioural Sciences Research Collaboration Network to promote interdisciplinary research and partnerships in mental health, behavioural medicine, digital wellbeing and related fields.

Under the vision of Vice Chancellor Prof. Sohail Sabir, UHS aims to strengthen collaboration with PIMH through awareness initiatives, counselling, wellbeing clinics, professional training and academic programmes, subject to necessary approvals.









Cochrane Pakistan begins new chapter at UHS with two-day workshop

October 30: The University of Health Sciences (UHS) has begun a new chapter in evidence-based healthcare and research with its first academic activity as the new home of Cochrane Pakistan.

A two-day workshop titled “Cochrane Systematic Review and Meta-Analysis: Knowledge Synthesis and Translation” was organized at Mahmood Senate Hall in collaboration with Cochrane Pakistan.

UHS Vice Chancellor Maj. Gen. (R) Prof. Dr. Sohail Sabir inaugurated the workshop and delivered opening lectures on evidence-based healthcare, systematic reviews, meta-analysis and Cochrane's role in producing reliable healthcare evidence. He stressed that clinical decisions should be based on scientific evidence, professional expertise and patients' values and preferences.

The workshop covered practical research skills, including framing questions through the PICO framework, literature searches, PRISMA flow diagrams, protocol registration, data extraction, forest plots, RevMan and risk-of-bias assessment.

Dr. Humaira Mahmood, Facilitator, Cochrane Pakistan and Health Services Academy, and Lt. Col. Ayesha Anwar, Assistant Professor and Consultant Dermatologist at CMH Okara, conducted the training.

Thirty-one senior faculty members, including heads of departments from UHS and the Institute of Public Health, participated.

The initiative aimed to strengthen institutional research capacity and promote internationally recognised methodologies in teaching, clinical practice, postgraduate supervision and healthcare policymaking.








In The Name of ALLAH,
The Most Gracious and The Most Merciful


UNIVERSITY OF HEALTH SCIENCES LAHORE
UHS


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UHS


Breast Cancer Prevention
Even A Painless Lump In Your Breast Deserves Attention


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Workshop on Advanced Research Methodology & Biostatistics

Oct 28: UHS Directorate of Postgraduate Studies (DPS) is conducting a Supervisory Workshop on Advanced Research Methodology & Biostatistics (ARMB), facilitated by Prof. Dr. Saira Afzal, Dean, Institute of Public Health, Lahore.
The workshop focuses on strengthening postgraduate supervisors' research skills in observational study designs, clinical trial methodology, sample size calculation, randomization, matching, blinding, and ethical considerations in clinical research.
Participants are also gaining insights into appropriate statistical analysis, including bivariate analysis, correlation, and regression techniques such as linear, logistic, ordinal, and survival regression, with emphasis on interpreting regression coefficients and confidence intervals in health outcomes.



Meeting of Specialty Advisory Committee Cardiology

Oct 22: UHS Directorate of Postgraduate Studies arranged a meeting of Specialty advisory committee CARDIOLOGY. The agenda of meeting was to update curriculum, review program affiliation form for MD and to review synopses. A total of 12 synopses, received from candidates across Punjab, were reviewed.
The meeting was chaired by Prof Ahmad Noeman from PIC Lahore, Prof Shahadat Hussain Ch, QAMC Bahawalpur, Prof Bilal Mohiyyudin, former ED PIC , Prof Majid Kaleem Al-Aleem Medical College Lahore and Prof. Abdul Wajid from PIC. The MD cardiology candidates presented the synopsis in front of committee. After deliberations, the synopses requiring major changes were returned to the respective candidates for revision, along with comprehensive guidance to address the identified deficiencies and incorporate the required changes.
The synopses requiring minor revisions were recommended to proceed to the Advanced Board for further consideration.









UHS VC presents Cochrane Pakistan's vision at IPHCON 2026

Oct 16: University of Health Sciences (UHS) Vice Chancellor Prof. Dr. Maj Gen (Retd) Sohail Sabir presented Cochrane Pakistan's vision for advancing evidence-based healthcare at IPHCON 2026, an International Scientific Research Showcase organised by the Institute of Public Health (IPH), Lahore, under the leadership of its Dean, Prof. Dr. Saira Afzal.

In his scientific presentation, the Vice Chancellor highlighted Cochrane Pakistan's role in promoting evidence-based healthcare through systematic reviews, clinical practice guidelines, research capacity building and dissemination of reliable scientific evidence to guide clinical decisions and health policies.

He shared the initiative's progress in developing a network for evidence-based healthcare, including training more than 900 individuals, conducting 43 workshops, collaborating with leading medical and academic institutions, and developing systematic reviews and clinical practice guidelines.

Emphasising its relevance to Pakistan, Prof. Sohail Sabir said evidence-based healthcare could improve diagnostic accuracy, patient safety and treatment outcomes while making healthcare delivery more cost-effective. He stressed the need to develop locally relevant clinical practice guidelines and integrate evidence-based practice into undergraduate and postgraduate medical education.

Outlining future priorities, he called for expanding national research collaborations, strengthening indigenous evidence synthesis, and pursuing international accreditation and partnerships to improve the quality and reach of evidence-based healthcare in Pakistan.







Exam calendars approved for medical and dental colleges in Punjab

Oct 14: The University of Health Sciences (UHS) has approved the schedule for annual professional examinations of medical and dental colleges across Punjab, with MBBS first professional examinations set to begin in the first week of January 2027.

The decisions were taken at the 44th meeting of the UHS Academic Council, jointly attended by members of the Boards of Studies in Medicine and Dentistry, and chaired by Vice Chancellor Maj Gen (retd) Prof Sohail Sabir. Heads and senior faculty of affiliated and constituent colleges attended the meeting.

According to the approved examination calendar, MBBS second professional examinations will be held in the first week of April 2027, while third professional examinations are scheduled for the first week of February and fourth professional examinations for the third week of March. The final professional MBBS examinations will take place in the third week of February 2027.

For BDS students, first professional examinations are scheduled for the second week of February, second professional examinations for the second week of April, third professional examinations for the fourth week of March, and final professional examinations for the third week of April 2027.

The council also approved revised curricula for four postgraduate dental specialties and 10 undergraduate Allied Health Sciences programmes, as part of efforts to update academic programmes in line with evolving educational and professional requirements.

In another key decision, the council approved the establishment of a Department of Regenerative Medicine at UHS. The proposed department will offer MPhil and PhD programmes, subject to approval by the relevant statutory and regulatory authorities.

The initiative is aimed at strengthening research capacity in areas such as stem cell biology, tissue regeneration and advanced therapeutic approaches. The council also approved proposed amendments to eligibility criteria for MPhil, master's and PhD programmes.





UHS VC announces wellbeing clinic for staff

Oct 9: University of Health Sciences (UHS) Vice Chancellor Maj Gen (Retd) Prof Sohail Sabir has announced a wellbeing clinic to support employees' mental and emotional health, alongside the activation of Family Medicine services for staff and students.

Addressing faculty and employees of BS-11 and above, he also announced a four-monthly performance appraisal system, with rewards and recognition for outstanding performers.

The VC stressed team work, effective communication and collective responsibility for institutional progress. He said workshops would be arranged through the Medical Education Department to improve employees' communication and interpersonal skills.

He directed that safe drinking water and food hygiene be ensured at both campuses. He also encouraged whistleblowing to promote transparency and accountability.

Highlighting the Skill-Will Matrix, Prof Sohail Sabir stressed assessing employees on competence and commitment, developing talent and ensuring the right people were assigned responsibilities.







UHS strengthens oversight of postgraduate research

Oct 8: The University has decided to strengthen monitoring of postgraduate students, holding supervisors equally responsible for timely academic and research progress. The decision was taken at the 231st meeting of the Advanced Studies and Research Board (ASRB), chaired by Vice Chancellor Maj Gen (Retd) Prof Sohail Sabir.

chaired by Vice Chancellor Maj Gen (Retd) Prof Sohail Sabir.

The VC directed quarterly progress reports for postgraduate students and monthly monitoring by the Monitoring and Evaluation Committee of students granted extensions. Their attendance, academic performance and research progress will be reviewed regularly.

He stressed that supervisors and departments shared responsibility for guiding scholars, identifying delays early and ensuring timely completion of degrees.









UHS organises free kidney screening camp for employees

Oct 7: The University of Health Sciences (UHS), in collaboration with the Kidney Early Evaluation Program (KEEP) of the Pak Kidney Foundation (PKF), organised a free kidney screening camp for its employees on Wednesday to promote kidney health and encourage early detection of disease.

The activity began with an awareness walk led by UHS Vice Chancellor Maj Gen (Retd) Prof Sohail Sabir, in which faculty members, doctors, researchers and administrative staff participated.

Speaking on the occasion, Prof Sohail Sabir, a noted nephrologist, said kidney diseases often remained undetected in their early stages, making regular screening essential. He said UHS was committed to promoting preventive healthcare alongside medical education.

Prof Dr Shafiq Ur Rehman Cheema, Head of Nephrology Department, Allama Iqbal Medical College/Jinnah Hospital and President PKF, said the KEEP Pakistan Healthy programme aimed to identify people at risk of chronic kidney disease and guide them towards timely medical care.

Prof Shahid Mehmood Sathi, Head of Public Health Department, UHS, highlighted the importance of workplace screening in identifying health risks and promoting preventive practices.

Prof Saba Khaliq, Director Research and Development, UHS, said the camp followed a scientific, risk-based screening approach.

The screening included blood pressure and BMI measurements, urine tests for proteinuria, albuminuria and haematuria, serum creatinine, estimated glomerular filtration rate (eGFR) and complete urine analysis. Pre-screening risk assessment and collection of blood and urine samples were also carried out.

Employees from Jinnah Campus, City Campus and administrative and academic sections were accommodated through designated slots to ensure smooth participation without disrupting routine activities.







UHS, RGU move ....

Continued from Page 01

education, and access to RGU's digital library and academic resources.

The RGU delegation welcomed the proposals. Dr Julie Jones said the discussions had reached a stage where both institutions could move towards a formal arrangement. She expressed the expectation that an MoU would be signed during the RGU Vice Chancellor's visit to Pakistan next month.

The proposed partnership covers curriculum benchmarking, faculty capacity-building, collaborative clinical research, postgraduate supervision, professional short courses, and faculty and student exchanges.

Key areas include support for BSN, MSN and PhD nursing programmes, curriculum mapping against UK benchmarks, standardised OSCE frameworks and virtual faculty training. The two universities are also exploring the development of clinical simulation facilities at UHS, with RGU providing technical expertise.

Cooperation in physical therapy would include simulation-based training and joint research in neurological rehabilitation, movement analysis and digital rehabilitation. Initial research priorities include Parkinson's disease and precision gait rehabilitation.

Both sides agreed to continue technical discussions to finalise priority areas and an implementation roadmap.

PGET 2026 ....

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also provided with light refreshments.

According to the result notification, 744 candidates qualified in Medicine and Allied out of 2,939, while 248 of 959 passed in Surgery and Allied Group-I and 274 of 1,031 in Group-II.

Other disciplines recorded 287 successful candidates in Obstetrics and Gynaecology, 126 in Paediatric Medicine, 108 in Radiology, 86 in Anaesthesia, 52 in Psychiatry, 51 each in Ophthalmology and ENT, and 29 in Pathology.

In dental specialties, 18 candidates qualified in Operative Dentistry, 30 in Oral Surgery, 16 in Orthodontics, four in Periodontology and seven in Prosthodontics.

A minimum score at the 75th percentile was required to qualify.

The PGET is mandatory for admission to Level-III postgraduate medical and dental programmes, including FCPS, MD, MS and MDS. Introduced by the Punjab government, it replaces the previously conducted Joint Centralised Admission Test (JCAT), providing a uniform assessment mechanism for postgraduate admissions across the province.

Syndicate....

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The meeting was attended by Prof Dr Masood Sadiq, Vice Chancellor, University of Child Health Sciences, Lahore;

Prof Dr Nadia Naseem, Head of Histopathology, UHS; Prof Dr Sidrah Saleem, Head of Microbiology, UHS; Prof Dr Sarah Ghafoor, Head of Oral Biology, UHS; Dr Ismat Tahira and Dr Irshad Hussain of the Punjab Public Service Commission; Dr Jamal Nasir, former Provincial Minister for Primary and Secondary Healthcare; Khawaja Tahir, Advocate High Court; and Kiran Fatima, Registrar, UHS.

Representatives of the Specialized Healthcare and Medical Education Department, Finance Department, and Law and Parliamentary Affairs Department, Government of Punjab, also attended the meeting.

Breast Cancer....

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consulting qualified healthcare professionals when symptoms appeared.

The screening camp offered triple assessment services and mammography for eligible high-risk women over the age of 40. Participants were also educated about breast self-examination, recognising warning signs and seeking medical care at an early stage.





Jinnah Campus Hosts Pak Life Saver & Basic Fire Orientation Training

Oct 06: A comprehensive Pak Life Saver & Basic Fire Orientation Training was successfully conducted at University of Health Sciences (UHS) Jinnah Campus, Kala Shah Kaku for faculty, students and staff.

The hands-on training covered essential emergency response skills, including:

- CPR (Cardiopulmonary Resuscitation)
- Bleeding Control and First Aid
- Snake Bite First Aid
- Proper Use of Fire Extinguishers
- Emergency Evacuation Drill

The training aimed to equip the UHS community with practical skills to respond effectively during medical emergencies, fires and other unforeseen situations.

The sessions and evacuation drill were conducted successfully, reinforcing UHS's commitment to creating a safer, better-prepared and emergency-ready campus for its students, faculty and staff.



UHS students complete TAYAR Training of Trainers

Oct 21: Two students of the University of Health Sciences (UHS), Lahore, Anzal Aziz and Syed Smmaar Irtiza Naqvi of the Green Youth Movement (GYM) Club, have successfully completed a three-day TAYAR Training of Trainers programme under the Prime Minister's Youth Programme.

The training, organised with NDMA, Rescue 1122 and UNICEF, equipped young leaders with practical skills in disaster risk reduction, emergency preparedness and community resilience. Both students received certificates as TAYAR Trainers and members of the National Volunteers Corps (NVC).





UHS holds breast cancer awareness walk, screening camp

October 28: The University of Health Sciences (UHS) Lahore organised a breast cancer awareness walk and screening camp at its Jinnah Campus, Kala Shah Kaku to promote awareness about breast cancer, encourage early detection and educate women about preventive healthcare.

The event was organised by the UHS Department of Public Health and Department of Family Medicine in collaboration with Sharif Medical and Dental College, Raiwind, Lahore. Students and faculty members of UHS, along with students from the neighbouring University of Engineering and Technology (UET), Kala Shah Kaku campus, participated in the awareness walk, highlighting the importance of early diagnosis and timely medical consultation.

UHS VC, Maj Gen (Retd) Prof Sohail Sabir, in his message emphasised that public awareness and early detection were essential to reducing the burden of breast cancer. He said that universities, particularly those specialising in health sciences, had a responsibility to educate communities about preventable health risks and encourage people to seek medical advice without delay.

He stressed that awareness initiatives should extend beyond academic institutions to reach families and communities, helping women overcome hesitation and seek timely screening and treatment.

Head of the UHS Public Health department, Prof Shahid Mahmood Sethi, said breast cancer awareness was an important public health priority. He highlighted the need to educate women about recognising changes in their breasts, understanding risk factors and

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Editor: Muhammad Atif
Director Media & Publications